



## Participant Information Sheet

### Gender Incongruence in Adults Priority Setting Partnership

For further information about how Lancaster University processes personal data for research purposes and your data rights please visit: [www.lancaster.ac.uk/research/data-protection](http://www.lancaster.ac.uk/research/data-protection)

#### What is the survey about?

This consultation wants to find out what topics need more research to improve transition-related healthcare in the UK.

We want to hear from:

- Adults aged 18+ with lived experience
- Healthcare professionals who support people with gender incongruence
- People who support someone with lived experience, such as family, friends, or partners

#### Do I have to take part?

No. Taking part is your choice. You can stop the survey at any time before you press submit.

#### What will I be asked to do if I take part?

If you take part, you will be asked to fill in a questionnaire. It should take about 10 minutes. It may take less or more time, depending on how much you write.

The questionnaire has four main sections.

##### Section 1: Consent

You will be asked to agree to take part.

##### Section 2: Eligibility

You will be asked a few questions to check you can take part.

##### Section 3: Your top priorities

You will be asked to choose the three areas of transition-related healthcare that you think need more research.

##### Section 4: Your questions and experiences

You will be asked to share up to three issues or research questions based on your own experiences. There is also an optional box where you can add any other comments.



## About You

At the end, there are some questions about you. These help us understand which communities have taken part. All questions must be answered, but you can choose “prefer not to say” for most of them.

### **Will my data be identifiable?**

No. The survey is anonymous. If you write anything that identifies you, the Co-Leads will delete it.

You will be asked for your initials when you agree to take part. These initials will be deleted after the Co-Leads check that you have given full consent.

### **How will my data be kept safe?**

The information from this survey will be stored securely. Digital files will be encrypted and password-protected. Only the Co-Leads will be able to see them. If any paper copies are made, they will be anonymised and scanned. The paper copies will then be destroyed.

Your anonymised answers will be kept for ten years. After ten years, they will be destroyed.

### **How might my answers be used?**

Anonymous quotes from your answers may be used in reports or publications from this project. All steps will be taken to protect your identity.

Anonymous answers will also be shared with Gendered Intelligence. They may use quotes in reports or publications, but your identity will be protected.

### **What will happen to the results?**

The results will be used to make a list of research questions.

This list will be checked to find the questions that still have no clear answers. A workshop will then take place. Trans, non-binary and gender-diverse people and healthcare professionals will take part. Together, they will choose the most important questions and make a Top Ten list.

All the questions will be shared publicly after the study. The Top Ten list will be shared on the James Lind Alliance website.

Anonymous answers from this survey may also be used in future reports, conferences, and training by the project team and Gendered Intelligence.

### **Who has reviewed the project?**

This study has been reviewed and approved by the Faculty of Health and Medicine Research Ethics Committee at Lancaster University.



**Where can I obtain further information about the study if I need it?**

If you have any questions about the study, please contact [transadultpsp@lancaster.ac.uk](mailto:transadultpsp@lancaster.ac.uk).

**Complaints**

If you wish to make a complaint or raise concerns about any aspect of this study and do not want to speak to the researcher, you can contact:

Professor Marina Anderson

Head of Lancaster Medical School, Email: [m.e.anderson@lancaster.ac.uk](mailto:m.e.anderson@lancaster.ac.uk)

Faculty of Health and Medicine

Lancaster University

Lancaster

LA1 4YG

You may also contact:

Professor Steven Jones

Chair of FHM REC, Email: [s.jones7@lancaster.ac.uk](mailto:s.jones7@lancaster.ac.uk)

Faculty of Health and Medicine

Lancaster University

Lancaster

LA1 4YG

**Resources in the event of distress**

Should you feel distressed either as a result of taking part, or in the future, the following resources may be of assistance.

Samaritans 116 123 (freephone) [www.samaritans.org](http://www.samaritans.org) – open 24/7

MindOut [www.mindout.org.uk](http://www.mindout.org.uk) – online chat open 3pm-5pm Monday-Wednesday

Switchboard 0800 0119 100 [www.switchboard.lgbt](http://www.switchboard.lgbt) – open 10am-10pm every day