Fascinating Cowpea

Origin

cowpea
evolved as
an inconspicuous
little creeper
among the
rocks of the
dusty southern
Sahel and the bone-dry upper
rim of central Africa

Genus: Vigna



Cultivation

Cowpea is grown by tens of millions of smallholders in Africa.
Cowpea seed is rich in protein, oil and digestible carbohydrate.
Considered a 'lost crop' due to its widespread occurrence and importance in the lives of the most malnourished.

Consumption

It is estimated that
200 million people live of the
plant, consuming the seeds daily
whenever available.
Cowpea seed is rich in protein,

oil and digestible carbohydrates.

A protein source that might possibly help Africa's malnourished millions, this grain legume is one of the most promising and practical solutions.

Scientist at Lancaster University are working on improving photosynthesis in cowpea to increase yields