

GET IT SUS'D

SIMPLE IDEAS FOR SUSTAINABLE LIVING
ON LANCASTER UNIVERSITY CAMPUS

ABOUT HEATING

IS YOUR ROOM
A COOL PLACE
TO BE?



When it comes to heating, students can have very different experiences. Older houses in town can be difficult to heat, and the halls can sometimes get too warm.

We found some students on campus **didn't need to use their radiator** at all, and even then, some were still too hot. Others in the same hall had their radiators on almost all year.

Clothing plays a big role in helping to understand these differences. Those who were warm without heating dressed in several layers, when relaxing in their room. Those who never turned the radiator off dressed lightly, no matter what the season. Their comfort was dependent on the heating system.

Heating is a huge source of carbon emissions.

Dressing more warmly

in winter not only helps to reduce heating but also seems to help in feeling more comfortable around campus.

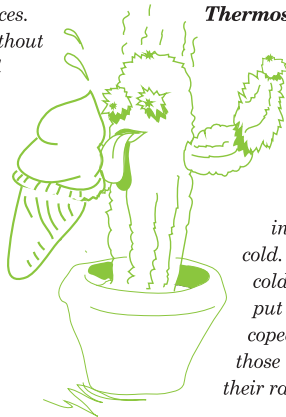
If you keep the heating on all the time, and by wearing light clothes inside, you might get used to higher and higher temperatures as winter goes on. It must feel increasingly cold around campus in comparison! Brrr!!

Many rooms on campus have

Thermostatic Radiator

Valves (TRVs). These can be tricky: they turn on and off depending on the temperature of the room, not necessarily at the

instant when you feel cold. When suddenly feeling cold, those students who put on an extra layer, coped much better than those who just depended on their radiator.



How does the temperature of the places you visit each day differ?

What do you expect to wear inside this winter?

What would you do if you felt cold and the radiator didn't seem to make the room any warmer?

Do you wear 'thermals' during the winter months?

For questions & ideas search: @getitUSD 

Findings from research on campus, 2011-2012.
More: bit.ly/18Kipad