

Smoothing volatility targeting

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Abstract

We propose an alternative approach towards cost mitigation in volatility-managed portfolios based on smoothing the predictive density of an otherwise standard stochastic volatility model. Specifically, we develop a novel variational Bayes estimation method that flexibly encompasses different smoothness assumptions irrespective of the persistence of the underlying latent state. Using a large set of equity trading strategies, we show that smoothing volatility targeting helps to regularise the extreme leverage/turnover that results from commonly used realised variance estimates. This has important implications for both the risk-adjusted returns and the mean-variance efficiency of volatility-managed portfolios, once transaction costs are factored in. An extensive simulation study shows that our variational inference scheme compares favourably against existing state-of-the-art Bayesian estimation methods for stochastic volatility models.

Keywords: Volatility targeting, mean-variance efficiency, Bayesian methods, stochastic volatility models, variational Bayes inference.

JEL codes: G11, G12, G17, C23

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1 Introduction

The evidence that volatility tends to cluster over time and negatively correlates with realised returns have motivated the use of volatility-managed strategies. Effectively, a volatility-managed strategy targets a constant level of volatility, rather than a constant capital exposure to the original portfolio. This is achieved by leveraging up (scaling down) the investment in a given portfolio at times of low (high) volatility. A conventional approach to volatility targeting builds upon the idea that portfolio returns are simply rescaled by the previous month's realized variance. Its theoretical foundation lies in the evolution of the risk-return trade-off over time (see, e.g., [Moreira and Muir, 2017](#)).¹ However, this often leads to extremely leveraged positions to gain aggressive factor exposures following periods of low volatility.

Figure 1 shows this case in point. The left panel shows the volatility-managed portfolio allocation based on realised variance estimates for three common factors; the market, and the size and momentum factors as originally proposed by [Fama and French \(1996\)](#) and [Jegadeesh and Titman \(1993\)](#), respectively. Simple volatility targeting leads to a tenfold exposure in some of the most common factor portfolios at times of low volatility. This excess leverage is widespread across different factor portfolios. The right panel in Figure 1 shows that volatility targeting based on realised variance leads to a leverage between 1.8 and 4 times for at least 10% of the original factor returns, and between 3 to 11 times for at least 1% of the observations. This makes volatility-managed strategies both particularly challenging to implement and rather risky, as high leverage could exacerbates tail risk when volatility targeting is missed and/or forecasts are not sufficiently accurate (see, e.g., [Bongaerts et al., 2020](#)).

A simple solution proposed in the literature is to impose leverage constraints on the volatility-targeting weights (see, e.g., [Moreira and Muir, 2017](#); [Cederburg et al., 2020](#)). While this certainly simplifies an empirical analysis, leverage constraints do not regularise the often erratic underlying volatility estimates and are typically set arbitrarily, absent sounded economic ar-

¹Notice that the terms “volatility-managed”, “volatility-targeting”, “volatility-managing” are used interchangeably throughout the paper as they carry the same meaning for our purposes.

gements for their optimal setup. In this respect, leverage constraints are as valuable as the underlying volatility estimates. For instance, smoother volatility-targeting weights may require less binding constraints over the out-of-sample period to achieve a similar performance. This is akin a joint-test problem whereby leverage constraints are well-specified only to the extent that the assumptions underlying the volatility estimates are correct.

In this paper, we take a different approach towards the regularization of volatility-targeting weights. Specifically, we propose a novel variational Bayes (henceforth, VB) inference scheme which allows to discipline potentially erratic monthly volatility forecasts by smoothing the predictive density of an otherwise standard AR(1) latent stochastic volatility model. Put it differently, our underlying assumption is that actual monthly returns' volatility follows a conventional autoregressive latent stochastic process.² However, monthly volatility forecasts can be noisy, which leads to extreme portfolio turnover in volatility-targeting strategies. As a result, one could “filter out” the noise in the forecasts by leveraging on a simple Gaussian Markov random field representation of the latent volatility state. Our approach is general, meaning that encompasses both non-smooth predictive densities and different types of smooth functions, e.g., spline basis functions (see [Rue and Held, 2005](#)).

We evaluate the economic performance of our smooth volatility forecasts based on a broad sample of 158 equity trading strategies. We first consider the nine equity factors examined by [Moreira and Muir \(2017\)](#). In addition, we include 149 characteristic-managed portfolios, or “factors”, as reported in [Jensen et al. \(2022\)](#). For comparability with the existing research, we consider value-weighted portfolios built within the context of the US equity markets (see, e.g, [Cederburg et al., 2020](#); [Wang and Yan, 2021](#)). In addition to previous month's realised variance (henceforth **RV**), we benchmark our smooth volatility-managed portfolios (**SSV**) against several alternative implementations of volatility-targeting. The first uses the expected variance from a simple AR(1) rather than realized variance (**RV AR**), which helps to reduce the extremity of the

²See for example, [Harvey et al. \(1994\)](#); [Andersen and Sørensen \(1996\)](#); [Ghysels et al. \(1996\)](#); [Gallant et al. \(1997\)](#); [Bali \(2000\)](#); [Durbin and Koopman \(2000\)](#); [Jacquier et al. \(2002, 2004\)](#); [Shephard and Pitt \(2004\)](#); [Yu \(2005\)](#); [Han \(2006\)](#); [Hansen et al. \(2008\)](#); [Bansal et al. \(2010\)](#); [Schorfheide et al. \(2018\)](#), among others. An extensive review of the use of stochastic volatility models as an alternative to ARCH-type approaches can be found in [Shephard \(2020\)](#).

weights. Second, we consider an alternative three-month window to estimate the longer-term realised variance (RV3). Third, we consider both a long-memory model for volatility forecast as proposed by [Corsi \(2009\)](#) (HAR), and a standard AR(1) latent stochastic volatility model (SV) (see, e.g., [Taylor, 1994](#)). Finally, we consider a plain GARCH(1,1) specification (Garch), which has been shown to be a challenging benchmark in volatility forecasting (see, [Hansen and Lunde, 2005](#)).

1.1 Findings

Our empirical tests evaluate the performance of alternative volatility-managed implementations of a broad set of equity trading strategies. Each of the managed portfolios is constructed as

$$y_t^\sigma = \frac{c^*}{\hat{\sigma}_{t-1|t}^2} y_t, \quad (1)$$

where y_t^σ and y_t are the scaled and the original portfolio's excess returns in month t , respectively, and $\hat{\sigma}_{t-1|t}^2$ is the variance forecast of unscaled portfolio returns based on information available up to the previous month $t - 1$. We follow [Cederburg et al. \(2020\)](#) and consider both an in-sample and a real-time implementation of Eq.(1). For the in-sample implementation, the constant c^* is chosen such that the unconditional variance of the managed y_t^σ and unmanaged y_t portfolios coincide. For the real-time implementation, c_t^* is time-varying and is chosen such that the variance of the managed and unmanaged portfolios coincide only conditional on the returns up to month t .

Most prior studies assess the value of volatility targeting strategies by comparing the Sharpe ratios obtained by scaled factors y_t^σ as in Eq.(1), with the Sharpe ratios obtained from the original factors y_t (see, e.g., [Barroso and Santa-Clara, 2015](#); [Daniel and Moskowitz, 2016](#); [Moreira and Muir, 2017](#); [Bianchi et al., 2022](#)). We follow this approach and show that volatility-targeting based on out smoother volatility forecasts substantially improves upon conventional realised variance measures. For instance, a real-time RV scaling yields a Sharpe ratio that is significantly higher compared to the unscaled factor for 8 out of 158 equity strategies. Instead,

a real-time SSV implementation delivers a Sharpe ratio both economically and statistically higher than the unmanaged factor for 15 equity strategies out of the 158 considered. Consistent with [Cederburg et al. \(2020\)](#), these results suggest that, regardless of the variance forecasting method, stand-alone investments in volatility-managed portfolios do not systematically improve upon unmanaged factors.

Nevertheless, our smoothed volatility-managed portfolios show a substantially lower turnover compared to alternative volatility forecasting methods. For instance, the managed portfolio turnover from our SSV is 5% on average across all 158 equity strategies. By comparison, the turnover from the RV scaled portfolio is 65% on average across all equity strategies. Perhaps more importantly, we show that greater portfolio stability translates into a substantially large risk-adjusted performance. For conservative levels of transaction costs, our SSV produces a Sharpe ratio which is almost twice as large as other volatility-managed strategies, and for 8 equity strategies out of 158 a significantly larger SR compared to the corresponding unmanaged portfolios.

For each equity strategy and volatility-targeting methodology, we estimate the spanning regression on both the scaled and unscaled returns,

$$y_t^\sigma = \alpha + \beta y_t + \epsilon_t, \quad (2)$$

When portfolios are rescaled by smooth volatility forecasts, the results show that 50 out of the 158 managed portfolios earn a positive and significant alpha, compared to 9 with a negative and significant alpha. The amount of significant alphas slightly decrease to 42 equity strategies for a real-time volatility-scaled implementation. Interestingly, the results from our smoothed volatility forecasts are slightly worse than a standard realised variance implementation. For instance, a RV method implies that 56 (50) equity strategies have a positive and significant alphas for the in-sample (real-time) scaling implementation.

The economic implication of $\alpha > 0$ is that volatility scaled portfolios may expand the mean-variance frontier relative to the unscaled portfolios (see, e.g., [Gibbons et al., 1989](#)). We test

this assumption by comparing the certainty equivalent return (CER) for two strategies both in-sample and in real-time: (i) a strategy that allocates between a given volatility-managed portfolio and its corresponding original portfolio, and (ii) a strategy constrained to invest only in the original portfolio. The baseline combination correspond to the optimal mean-variance allocation assuming a risk aversion coefficient equal to five. We show that without considering transaction costs, the CERs are positive and quite comparable across volatility-targeting methods. However, when transaction costs are considered, our **SSV** stands out as the most profitable rescaling method, on average. Perhaps more interestingly, the **SSV** is the only with a positive median CER differential with respect to the unmanaged portfolio strategies. That is, the economic gain is positive for at least 50% of the equity strategies considered.

A regularisation of the volatility targeting weights based on leverage constraints does not help to mitigate the gap between our **SSV** method and all the alternative weighting schemes we consider. For instance, a tight 50% leverage constraint and 50 basis points transaction costs imply an average Sharpe ratio from the **RV** method of 0.04, versus a 0.24 from the **SSV**. Similarly, the economic gain from a mean-variance combination strategy of the unmanaged and managed portfolios is substantially in favour of our **SSV** method. For instance, the CER differential with 50 basis points transaction costs and a 50% leverage constraint is 8.15% for the **SSV** versus a negative -1.4% for the benchmark **RV** scaling.

We also provide more formal statistical evidence on the difference in the realised returns of our smooth volatility-managed portfolios versus alternative volatility targeting methods. Our assumption is that the tight relationship between the scaled and unscaled factors in Eq.(1) allows to recover the distribution of the volatility-managed returns conditional on the unscaled factor y_t and the predictive density of the smoothed latent stochastic volatility. As a result, a simple test boils down to compare the returns distribution from the **SSV** against the realised returns from all of the alternative volatility targeting methods. The results show that our **SSV** outperforms the **RV** scaling at conventional significance thresholds for up to 20% of the equity strategies. This increases to more than 30% of the equity strategies during recession periods.

Finally, we explore the statistical underpinnings of our modeling framework through an

extensive simulation exercise. We compare the estimation accuracy of our VB inference scheme against state-of-the-art Bayesian methods, such as MCMC (see, [Hosszejni and Kastner, 2021](#)) and variational Bayes (see, e.g., [Chan and Yu, 2022](#)). The main simulation study is based on the assumption that the underlying latent state is an AR(1) with different levels of persistence. The results show that when we do not arbitrarily impose any smoothness in the posterior estimates of the latent stochastic volatility state, our algorithm is as accurate as MCMC and existing variational Bayes methods. Yet, when we arbitrarily smooth the posterior estimates the accuracy deteriorates. This is expected since the wavelet basis functions mechanically tilts the posterior estimates of the parameters towards a more persistent latent state relative to the actual data generating process.

1.2 Reference literature

In addition to [Moreira and Muir \(2017\)](#), our work contributes to a growing literature that seeks to understand the origins and the dynamic properties of volatility-managed portfolios (see, e.g., [Harvey et al., 2018](#); [Bongaerts et al., 2020](#); [Cederburg et al., 2020](#); [Liu et al., 2019](#); [Barroso and Detzel, 2021](#); [Wang and Yan, 2021](#), among others). [Liu et al. \(2019\)](#) shows that a real-time implementation of volatility targeting suffers from severe drawdowns, compared to unmanaged portfolios. Similarly, [Cederburg et al. \(2020\)](#) shows that volatility-managed portfolios do not systematically outperform the corresponding unmanaged equity strategies.

We contribute to this literature by highlighting the importance of volatility modeling for the profitability of scaled portfolios. Specifically, we show that smoothing the volatility forecasts provide an intuitive regularization to the scaled portfolios, which is alternative to hard-to-calibrate optimal leverage constraints. This translates in an economically better performance versus realised variance measures, in particular within the context of a real-time implementation with conservative transaction costs. In addition, unlike the existing literature, we explicitly acknowledge that the uncertainty around the volatility predictions might be pervasive. By taking a Bayesian approach we can quantify the uncertainty around the scaled portfolio returns, so that a more direct statistical comparison between scaled and unscaled factors can be made.

A second strand of literature we contribute to, relates to the estimation of stochastic volatility models. The non-linear interaction between the latent volatility state and the observed returns lead to a likelihood function that depends upon high dimensional integrals. A variety of estimation procedures have been proposed to overcome this difficulty, including the generalized method of moments (GMM) of [Melino and Turnbull \(1990\)](#), the quasi maximum likelihood (QML) approach of [Harvey et al. \(1994\)](#) and [Ruiz \(1994\)](#), and the efficient method of moments (EMM) of [Gallant et al. \(1997\)](#). Within the context of Bayesian methods, the analysis of stochastic volatility models has been initially proposed by [Kim et al. \(1998\)](#); [Durbin and Koopman \(2000\)](#); [Jacquier et al. \(2002, 2004\)](#); [Shephard and Pitt \(2004\)](#); [Durbin and Koopman \(2000\)](#). We contribute to this literature by proposing a novel variational Bayes estimation framework which allows to flexibly smooth the predictive density of the latent stochastic volatility state irrespective of the underlying assumption about the data generating process. Our approach is general, meaning that encompasses different smoothness assumptions for the volatility forecasts without changing the underlying model structure. This adds a layer of flexibility compared to standard Bayesian methods, in that the latter would require to change the model structure entirely to achieve smooth volatility forecasts.

Finally, this paper connects to a third strand of literature that introduces the use of variational Bayes methods for economic forecasting (see, e.g., [Gefang et al., 2019](#); [Koop and Koropolis, 2020](#); [Chan and Yu, 2022](#)). Variational approximate methods ([Bishop, 2006](#)) have become popular as computational feasible alternatives to the leading paradigm of simulation-based methods, such as Markov Chain Monte Carlo (MCMC) for approximating the posterior distributions. This type of inferential methods have been used in a wide range of applications, ranging from statistics ([Rustagi, 1976](#)) to quantum mechanics ([Sakurai, 1994](#)), statistical mechanics ([Parisi, 1988](#)), machine learning ([Hinton and Van Camp, 1993](#)) and then generalized to many probabilistic models, taking advantage of the graphical models' representation ([Jordan et al., 1999](#)). We contribute to this literature by proposing a flexible approximation based on a Gaussian Markov random field approximation of the latent stochastic volatility state. This allows to consider both non-smooth and smooth volatility forecasts based on a simple twist in

the posterior approximating density of the latent state.

2 Modeling framework

Let consider a standard univariate dynamic model with stochastic volatility (Taylor, 1994). A general specification is based on a state-space representation of the form:

$$y_t = \mathbf{x}_t^\top \beta + \exp(h_t/2) \varepsilon_t, \quad \varepsilon_t \sim \mathcal{N}(0, 1) \quad (3)$$

$$h_t = c + \rho(h_{t-1} - c) + u_t, \quad u_t \sim \mathcal{N}(0, \eta^2), \quad (4)$$

where y_t , $\mathbf{x}_t \in \mathbb{R}^p$, $h_t = \log \sigma_t^2$ are, respectively, the log-return, a set of covariates, and the log-volatility of an equity strategy at time t , for $t = 1, 2, \dots, n$. The error terms ε_t and u_t are mutually independent Gaussian white noise processes. The latent process in (4) is a conventional autoregressive process of order one, with unconditional mean c , persistence ρ , and conditional variance η^2 . We assume $|\rho| < 1$, so that the initial state h_0 can be sampled from the marginal distribution, i.e. $h_0 \sim \mathcal{N}\left(c, \frac{\eta^2}{1-\rho^2}\right)$. Notice that, for comparability with the existing literature on volatility-managed portfolios, we assume a constant mean μ in the observation equation (3), such that there are no covariates and $\mu = \mathbf{x}_t^\top \beta$ with \mathbf{x}_t an n -dimensional vector of ones. However, in the following, we provide the full specification of our variational Bayes inference scheme under the general model with covariates.

2.1 Variational Bayes inference

A variational Bayes approach to inference requires to minimize the Kullback-Leibler (KL) divergence between an approximating density $q(\boldsymbol{\vartheta})$ and the true posterior density $p(\boldsymbol{\vartheta}|\mathbf{y})$, (see, e.g. Blei et al., 2017). The KL divergence cannot be directly minimized with respect to $\boldsymbol{\vartheta}$ because it involves the expectation with respect to the unknown true posterior distribution. Ormerod and Wand (2010) show that the problem of minimizing KL can be equivalently stated

as the maximization of the variational lower bound (ELBO) denoted by $\underline{p}(\mathbf{y}; q)$:

$$q^*(\boldsymbol{\vartheta}) = \arg \max_{q(\boldsymbol{\vartheta}) \in \mathcal{Q}} \log \underline{p}(\mathbf{y}; q), \quad \underline{p}(\mathbf{y}; q) = \int q(\boldsymbol{\vartheta}) \log \left\{ \frac{p(\mathbf{y}, \boldsymbol{\vartheta})}{q(\boldsymbol{\vartheta})} \right\} d\boldsymbol{\vartheta}, \quad (5)$$

where $q^*(\boldsymbol{\vartheta}) \in \mathcal{Q}$ represents the optimal variational density and \mathcal{Q} is a space of functions. The choice of the family of distributions \mathcal{Q} is critical and leads to different algorithmic approaches. In this paper we consider two cases. The first is a mean-field variational Bayes (MFVB) approach which is based on a non-parametric restriction for the variational density, i.e. $q(\boldsymbol{\vartheta}) = \prod_{i=1}^p q_i(\boldsymbol{\vartheta}_i)$ for a partition $\{\boldsymbol{\vartheta}_1, \dots, \boldsymbol{\vartheta}_p\}$ of the parameter vector $\boldsymbol{\vartheta}$. Under the MFVB restriction, a closed form expression for the optimal variational density of each component $q(\boldsymbol{\vartheta}_j)$ is defined as:

$$q^*(\boldsymbol{\vartheta}_j) \propto \exp \left\{ \mathbb{E}_{q(\boldsymbol{\vartheta} \setminus \boldsymbol{\vartheta}_j)} \left[\log p(\mathbf{y}, \boldsymbol{\vartheta}) \right] \right\}, \quad q(\boldsymbol{\vartheta} \setminus \boldsymbol{\vartheta}_j) = \prod_{\substack{i=1 \\ i \neq j}}^p q_i(\boldsymbol{\vartheta}_i), \quad (6)$$

where the expectation is taken with respect to the joint approximating density with the j -th element of the partition removed $q^*(\boldsymbol{\vartheta} \setminus \boldsymbol{\vartheta}_j)$. This allows to implement a coordinate ascent variational inference (CAVI) algorithm to estimate the optimal density $q^*(\boldsymbol{\vartheta})$. Equation (6) shows that the factorization of $q(\boldsymbol{\vartheta})$ plays a central role in developing a MFVB algorithm. In the following, we consider a factorization of the joint variational density of the latent log-variances \mathbf{h} and the parameters $\boldsymbol{\vartheta} = (\boldsymbol{\beta}, c, \rho, \eta^2)$ of the form:

$$q(\mathbf{h}, \boldsymbol{\vartheta}) = q(\mathbf{h})q(\boldsymbol{\vartheta}) = q(\mathbf{h})q(\boldsymbol{\beta})q(c)q(\rho)q(\eta^2). \quad (7)$$

In the following, we focus on the approximating density for the latent process \mathbf{h} , where the novelty of our estimation procedure lies compared to the existing literature (see, e.g., [Chan and Yu, 2022](#)). For the interested reader, in Appendix A.1 we provide the full set of derivations of the optimal variational densities for the parameters $q(\boldsymbol{\beta})$, $q(c)$, $q(\rho)$, and $q(\eta^2)$.

The marginal distribution $p(\mathbf{h})$ of the joint vector $\mathbf{h}^\top = (h_0, h_1, \dots, h_n)$ admits a Gaussian Markov random field (GMRF) representation $\mathbf{h} \sim \mathbf{N}_{n+1}(c\boldsymbol{\ell}_{n+1}, \eta^2 \mathbf{Q}^{-1})$ that preserves the time

dependence structure implied by the autoregressive process. Specifically, the matrix $\mathbf{Q} = \mathbf{Q}(\rho)$ is a tridiagonal precision matrix with diagonal elements $q_{1,1} = q_{n+1,n+1} = 1$ and $q_{i,i} = 1 + \rho^2$ for $i = 2, \dots, n$, and off-diagonal elements $q_{i,j} = -\rho$ if $|i - j| = 1$ and 0 elsewhere (see [Rue and Held, 2005](#)). We exploit this representation to obtain the approximating density $q(\mathbf{h})$ as $\mathbf{h} \sim \mathbf{N}_{n+1}(\boldsymbol{\mu}_{q(h)}, \boldsymbol{\Omega}_{q(h)}^{-1})$ with mean vector $\boldsymbol{\mu}_{q(h)} = \mathbf{W}\mathbf{f}_{q(h)}$ and variance-covariance matrix $\boldsymbol{\Sigma}_{q(h)} = \boldsymbol{\Omega}_{q(h)}^{-1}$.

Notice that the choice of $\boldsymbol{\mu}_{q(h)}$ as a linear projection $\mathbf{W}\mathbf{f}_{q(h)}$, with $\mathbf{f}_{q(h)} \in \mathbb{R}^k$ the projection coefficients and \mathbf{W} an $(n+1) \times k$ deterministic matrix, has a direct effect on the posterior estimates of log-volatility. In Section [2.1.1](#) we discuss in details how different structures of \mathbf{W} leads to different posterior estimates irrespective of the underlying dynamics of the latent state. This is a key feature of our estimation strategy since it allows to customise the volatility forecasts without changing the underlying model assumptions.

In the following we focus on the more general heteroschedastic case, whereas the optimal density and the estimation details for the more restrictive homoschedastic case are discussed in [Appendix A.2](#). The optimal parameters $\boldsymbol{\xi} = (\mathbf{f}_{q(h)}, \boldsymbol{\Sigma}_{q(h)})$ of the approximating density $q(\mathbf{h})$ can be found by solving the optimization problem

$$\hat{\boldsymbol{\xi}} = \arg \max_{\boldsymbol{\xi}} \{ \mathbb{E}_q(\log p(\mathbf{y}, \mathbf{h})) - \mathbb{E}_q(\log q(\mathbf{h})) \}, \quad (8)$$

To solve the optimization we leverage on the GMRF representation of $q(\mathbf{h})$ and exploit the results in [Rohde and Wand \(2016\)](#). They provide a closed-form updating scheme for the variational parameters when the approximating density is a multivariate Gaussian. [Proposition 2.1](#) the details on the optimal updating scheme for the variational density of the latent volatility states. The proof and analytical derivations are available in [Appendix A.3](#).

Proposition 2.1. *Let $\boldsymbol{\mu}_{q(\mathbf{s})} = (\mu_{q(s_1)}, \dots, \mu_{q(s_n)})^\top$ with $\mu_{q(s_t)} = (y_t - \mathbf{x}_t^\top \boldsymbol{\mu}_{q(\beta)})^2 + \text{tr} \{ \boldsymbol{\Sigma}_{q(\beta)} \mathbf{x}_t \mathbf{x}_t^\top \}$, and $\boldsymbol{\mu}_{q(\beta)}, \boldsymbol{\Sigma}_{q(\beta)}$ denote the variational mean and covariance of the regression parameters $\boldsymbol{\beta}$. Assuming a GMRF representation of $\mathbf{h} \sim \mathbf{N}_{n+1}(\boldsymbol{\mu}_{q(h)}, \boldsymbol{\Omega}_{q(h)}^{-1})$, with mean vector $\boldsymbol{\mu}_{q(h)} = \mathbf{W}\mathbf{f}_{q(h)}$*

and variance-covariance matrix $\Sigma_{q(h)} = \Omega_{q(h)}^{-1}$, an iterative algorithm can be set as:

$$\Sigma_{q(h)}^{new} = \left[\nabla_{\mu_{q(h)} \mu_{q(h)}}^2 S(\mu_{q(h)}^{old}, \Sigma_{q(h)}^{old}) \right]^{-1}, \quad (9)$$

$$\mathbf{f}_{q(h)}^{new} = \mathbf{f}_{q(h)}^{old} + \mathbf{W}^+ \Sigma_{q(h)}^{new} \nabla_{\mu_{q(h)}} S(\mu_{q(h)}^{old}, \Sigma_{q(h)}^{old}), \quad (10)$$

$$\mu_{q(h)}^{new} = \mathbf{W} \mathbf{f}_{q(h)}^{new}, \quad (11)$$

with $\mathbf{W}^+ = (\mathbf{W}^\top \mathbf{W})^{-1} \mathbf{W}^\top$ the left Moore–Penrose pseudo-inverse of \mathbf{W} , and $S(\mu_{q(h)}, \Sigma_{q(h)})$ equal to $\mathbb{E}_q(\log p(\mathbf{h}, \mathbf{y}))$ (see Eq. A.25), such that,

$$\nabla_{\mu_{q(h)}} S(\mu_{q(h)}, \Sigma_{q(h)}) = -\frac{1}{2} [0, \boldsymbol{\iota}_n^\top]^\top + \frac{1}{2} [0, \mu_{q(s)}^\top]^\top \odot e^{-\mu_{q(h)} + \frac{1}{2} \text{diag}(\Sigma_{q(h)})} \quad (12)$$

$$- \mu_{q(1/\eta^2)} \mu_{q(\mathbf{Q})} (\mu_{q(h)} - \mu_{q(c)} \boldsymbol{\iota}_{n+1}), \quad (13)$$

$$\nabla_{\mu_{q(h)} \mu_{q(h)}}^2 S(\mu_{q(h)}, \Sigma_{q(h)}) = -\frac{1}{2} \text{Diag} \left[[0, \mu_{q(s)}^\top]^\top \odot e^{-\mu_{q(h)} + \frac{1}{2} \text{diag}(\Sigma_{q(h)})} \right] - \mu_{q(1/\eta^2)} \mu_{q(\mathbf{Q})}, \quad (14)$$

where $\boldsymbol{\iota}_n$ is an n -dimensional vector of ones, $\mu_{q(1/\eta^2)}$ is the variational mean of $1/\eta^2$, $\mu_{q(\mathbf{Q})}$ is the element-wise variational mean of \mathbf{Q} , and \odot denotes the Hadamard product.

Our approach expands the global approximation method proposed by [Chan and Yu \(2022\)](#) along three main dimensions. First, we relax the assumption that the initial distribution $q(h_0)$ is independent on the trajectory of the latent state $q(\mathbf{h}_1)$, that is, we do not assume $q(\mathbf{h}) = q(h_0)q(\mathbf{h}_1)$. Second, we do not make any assumption on the $\Sigma_{q(h)}$, which is not fixed conditional on $\mu_{q(h)}$, but is estimated jointly with $\mu_{q(h)}$. Third, our latent volatility state accommodates a more general AR(1) dynamics, instead of a random walk. While the latter reduces the parameter space, it imposes a strong form of non-stationarity in the log-volatility process. In Section 4, we show via an extensive simulation study that all these features have a significant effect on the accuracy of the variational Bayes estimates.

2.1.1 Smoothing the volatility estimates. The choice of $\mu_{q(h)}$ as a linear projection $\mathbf{W} \mathbf{f}_{q(h)}$, with $\mathbf{f}_{q(h)} \in \mathbb{R}^k$ the projection coefficients and \mathbf{W} an $(n+1) \times k$ deterministic matrix, has a direct effect on the posterior estimates of log-volatility. Figure 2 shows examples of

the shape of $\boldsymbol{\mu}_{q(\mathbf{h})} = \mathbf{W}\mathbf{f}_{q(h)}$ for difference choices of \mathbf{W} (solid line), and the corresponding confidence intervals implied by $\boldsymbol{\Sigma}_{q(h)}$ (dashed line). The gray trajectory represents the true simulated value of the log-stochastic volatility $\mathbf{h}^\top = (h_0, h_1, \dots, h_n)$ for $n = 300$. The top-left panel reports the posterior estimates obtained by setting $\mathbf{W} = \mathbf{I}_{n+1}$, with \mathbf{I}_{n+1} an identity matrix of dimension $n + 1$. This represents a non-smooth estimate which is akin to the output of a standard MCMC estimation scheme (see, e.g., [Hosszejni and Kastner, 2021](#)).

The remaining panels of Figure 2 highlight a key feature of our estimation strategy; that is, it allows to customise the volatility forecasts without changing the underlying model assumptions. For instance, the top-right panel shows the posterior estimates of the latent volatility state with \mathbf{W} a matrix of wavelet basis functions with a fixed degree of smoothness $l = 4$ (see [Wand and Ormerod, 2011](#)). The fact that the matrix \mathbf{W} enters both in the conditional mean and covariance of the optimal variational density $q^*(\mathbf{h})$ allows to smooth not only the conditional mean of the latent volatility state, but also the corresponding confidence intervals.

The bottom panels in Figure 2 highlight the flexibility of our approach; the left panel shows that more than one smoothing assumption can coexists in the same optimal variational density. For instance, the shape of the posterior estimates assuming $\mathbf{W} = \mathbf{I}_{n+1}$ for the first half of the sample and \mathbf{W} a wavelet basis function with $l = 4$ for the second half of the sample. The bottom-right panel shows that a variety of smoothing functions can be adopted; for instance, the estimates of the latent stochastic volatility can be smoothed based on \mathbf{W} equal to be a B-spline basis matrix representing the family of piecewise polynomials with the pre-specified interior knots (kn), degree (dg), and boundary knots.

Figure 3 depicts the form of \mathbf{W} when B-spline and Daubechies wavelets are used. The form of \mathbf{W} in case of B-spline basis functions (top) and wavelet basis functions (bottom). Right panels correspond to columns of the matrix \mathbf{W} . The B-spline basis functions is a sequence of piecewise polynomial functions of a given degree, in this case $dg = 3$. The locations of the pieces are determined by the knots, here we assume $kn = 20$ equally spaced knots. The functions that compose the wavelet basis matrix \mathbf{W} are constructed over equally spaced grids on $[0, n]$ of length R , where R is called resolution and it is equal to 2^{l-1} , where l defines the

level, and as a result the degree of smoothness. The number of functions at level l is then equal to R and they are defined as dilatation and/or shift of a more general *mother* function.

2.1.2 Variance prediction. Consider the posterior distribution of $p(\mathbf{h}, \boldsymbol{\vartheta} | \mathbf{y})$ given the information set up to time t , $\mathbf{y} = \{y_{1:t}\}$, and $p(h_{n+1} | \mathbf{y}, \mathbf{h}, \boldsymbol{\vartheta})$ the likelihood for the new latent state h_{n+1} . The predictive density then takes the familiar form,

$$p(h_{n+1} | \mathbf{y}) = \int p(h_{n+1} | \mathbf{y}, \mathbf{h}, \boldsymbol{\vartheta}) p(\mathbf{h}, \boldsymbol{\vartheta} | \mathbf{y}) d\mathbf{h} d\boldsymbol{\vartheta}. \quad (15)$$

Given a variational density $q(\mathbf{h}, \boldsymbol{\vartheta}) = q(\mathbf{h})q(\boldsymbol{\vartheta})$ that approximates $p(\mathbf{h}, \boldsymbol{\vartheta} | \mathbf{y})$, we follow [Gu-nawan et al. \(2021\)](#) and obtain the variational predictive distribution:

$$\begin{aligned} q(h_{n+1} | \mathbf{y}) &= \int p(h_{n+1} | \mathbf{y}, \mathbf{h}, \boldsymbol{\vartheta}) q(\mathbf{h}) q(\boldsymbol{\vartheta}) d\mathbf{h} d\boldsymbol{\vartheta} \\ &= \int p(h_{n+1} | h_n, \boldsymbol{\vartheta}) q(h_n) q(\boldsymbol{\vartheta}) dh_n d\boldsymbol{\vartheta}, \end{aligned} \quad (16)$$

where the second equality follows from Markov property. Recall that within the context of a volatility-managed portfolio our object of interest is the forecast of the variance σ_t^2 , rather than the log-volatility h_t for $t = n + 1$. Since $h_n = \log \sigma_n^2$, the density of the conditional variance is readily available as $q(\sigma_{n+1}^2 | \mathbf{y}) = \frac{\partial h_{n+1}}{\partial \sigma_{n+1}^2} q(h_{n+1} | \mathbf{y}) = \frac{1}{\sigma_{n+1}^2} q(h_{n+1} | \mathbf{y})$. The integral in Eq.(16) cannot be solved analytically. However, it can be approximated through Monte Carlo integration exploiting the fact that the optimal variational densities $q(h_n)$ and $q(\boldsymbol{\vartheta})$ are known and we can efficiently sample from them. A simulation-based approximated estimator for the variational predictive distribution of the conditional variance $q(\sigma_{n+1}^2 | \mathbf{y})$ is therefore obtained by averaging the density $p(h_{n+1} | h_n^{(i)}, \boldsymbol{\vartheta}^{(i)})$ over the draws $h_n^{(i)} \sim q(h_n)$ and $\boldsymbol{\vartheta}^{(i)} \sim q(\boldsymbol{\vartheta})$, for $i = 1, \dots, N$ from the optimal variational density, such that $\hat{q}(\sigma_{n+1}^2 | \mathbf{y}) = \frac{1}{\sigma_{n+1}^2} \frac{1}{N} \sum_{i=1}^N p(h_{n+1} | h_n^{(i)}, \boldsymbol{\vartheta}^{(i)})$.

3 Empirical results

We now investigate the statistical and economic value of our smooth volatility forecast within the context of volatility targeting across a large set of equity strategies. We first consider the nine equity factors examined by [Moreira and Muir \(2017\)](#). We collect daily and monthly data on the excess returns on the market, and the daily and monthly returns on the size, value, profitability and investment factors as originally proposed by [Fama and French \(2015\)](#), in addition to the profitability and investment factors from [Hou et al. \(2015\)](#) and the betting-against-beta factor from [Frazzini and Pedersen \(2014\)](#).³

We augment the first group of test portfolios with a second group covering a broader set of trading strategies based on established asset pricing factors. We start with the list of 153 characteristic-managed portfolios, or “factors”, reported in [Jensen et al. \(2022\)](#). We then restrict our analysis to value-weighted strategies that can be constructed using the Center for Research in Security Prices (CRSP) monthly and daily stock files, the Compustat Fundamental annual and quarterly files, and the Institutional Broker Estimate (IBES) database. In addition, we exclude a handful of strategies for which there are missing returns. This process identifies 149 value-weighted long-short portfolios for which we collect both daily and monthly returns. For a more detailed description of the portfolio construction we refer to [Jensen et al. \(2022\)](#).⁴ The combined sample consists of 158 equity trading strategies.

3.1 Construction of volatility-managed portfolios

For a given equity trading strategy, let y_t be the buy-and-hold excess portfolio return in month t . We follow [Moreira and Muir \(2017\)](#) and construct the corresponding volatility-managed

³Data on the [Fama and French \(2015\)](#) factors and the [Jegadeesh and Titman \(1993\)](#) momentum are available on the Kenneth French’s website at http://mba.tuck.dartmouth.edu/pages/faculty/ken.french/data_library.html. Data on the betting-against-beta factor are available on the AQR website <https://www.aqr.com/Insights/Datasets/Betting-Against-Beta-Original-Paper-Data>.

⁴Data on the 153 set of characteristic-based portfolios can be found at <https://jkpfactors.com>. We thank Bryan Kelly for making these data available.

portfolio return y_t^σ as

$$y_t^\sigma = \frac{c^*}{\hat{\sigma}_{t-1|t}^2} y_t, \quad (17)$$

where c^* is a constant chosen such that the unconditional variance of the managed y_t^σ and unmanaged y_t portfolios coincide, and $\hat{\sigma}_{t-1|t}^2$ is the variance forecast of unscaled portfolio returns based on information available up to the previous month $t - 1$. The objective of Eq.(17) is to adjust the capital invested in the original equity strategy based on the inverse of the (lagged) predicted variance. Effectively, a volatility-managed portfolio is targeting a constant level of volatility, rather than a constant level of notional capital exposure. As such, the dynamics investment position in the underlying portfolio $\frac{c^*}{\hat{\sigma}_{t-1|t}^2}$ is a measure of (de)leverage required to invest in the volatility-portfolio in month t . Notice that in the standard implementation in Eq.(18) the scaling parameter c^* is not known by an investor in real time as it requires to observe the full time series of the unscaled returns y_t and the volatility forecasts $\hat{\sigma}_{t|t-1}^2$.

A benchmark approach to approximate the variance forecast at month t , $\hat{\sigma}_{t-1|t}^2$ is to use the previous month's realized variance (henceforth **RV**) calculated based on daily portfolio returns (see, e.g., Barroso and Santa-Clara, 2015; Daniel and Moskowitz, 2016; Moreira and Muir, 2017; Cederburg et al., 2020; Barroso and Detzel, 2021),

$$\hat{\sigma}_{t|t-1}^2 = \frac{22}{\mathcal{N}_{t-1}} \sum_{j=1}^{\mathcal{N}_{t-1}} y_{j,t-1}^2, \quad (18)$$

where $y_{j,t-1}$ be the excess returns on a given portfolio in day $j = 1, \dots, \mathcal{N}_{t-1}$ for month $t - 1$. In addition to the realised variance, we compare our smoothing volatility targeting approach (**SSV**) against a variety of alternative rescaling approaches. The first uses the expected variance from a simple AR(1) rather than realized variance (**RV AR**), which helps to reduce the extremity of the weights. Second, we follow Barroso and Detzel (2021) and consider an alternative six-month window to estimate the longer-term realised variance (**RV6**). Third, we consider both a long-memory model for volatility forecast as proposed by Corsi (2009) (**HAR**), and a standard AR(1) latent stochastic volatility model (**SV**) (see, e.g., Taylor, 1994). Finally, we consider a

plain GARCH(1,1) specification (**Garch**), which has been shown to be a challenging benchmark in volatility forecasting (see, [Hansen and Lunde, 2005](#)).

Throughout the empirical analysis we consider, we follow [Cederburg et al. \(2020\)](#) and consider both unconditional volatility targeting – whereby c^* is calibrated to match the unconditional volatility of the scaled and unscaled portfolios –, as well as real-time volatility targeting – whereby c_t^* is calibrated to match the volatility of the scaled and unscaled portfolios at each month t .

3.2 A simple statistical appraisal

In this section we provide a statistical appraisal of the performance of our smoothing volatility targeting approach compared to both conventional realised variance measures and benchmark volatility forecasts. This is based on the predictive density of the volatility forecasts obtained for both the non-smooth **SV** and smooth **SSV** stochastic volatility models. Recall that real-time volatility targeting for month t takes the form $\omega_t = \frac{c_t^*}{\hat{\sigma}_{t|t-1}^2}$, $t = 1, \dots, n$. As a result, given the unmanaged factors y_t and the recursively calibrated coefficient c_t^* , for each month we can define the distribution of the volatility-managed returns based on the variational predictive density $q(\sigma_t^2 | \mathbf{y})$ with \mathbf{y} collecting the strategy returns up to $t-1$ (see Section 2.1.2 for more details).

Figure 4 shows this case in point. The top panels report the distribution of the volatility-managed portfolio returns implied by the non-smooth **SV** (red area) and smooth **SSV** (blue area) stochastic volatility models. For the sake of simplicity, we report the volatility-managed returns on the market portfolio over three distinct months. The returns on the unmanaged portfolio and its scaled version based on previous month's realised variance are indicated as a white and green circle, respectively. By comparing this distribution on a given month with the realised returns on a benchmark strategy for the same month, we can calculate $\text{Prob}(y_t^{\mathcal{M}_0} > y_t^{\mathcal{M}_1})$, which is akin to the p-value on a one-side test where the null hypothesis is $H_0 : y_t^{\mathcal{M}_0} = y_t^{\mathcal{M}_1}$. For instance, a $\text{Prob}(y_t^{\mathcal{M}_0} > y_t^{\mathcal{M}_1}) = 0.95$ implies that the null hypothesis H_0 is rejected with a p-value of 0.05 in favour of the alternative $H_1 : y_t^{\mathcal{M}_0} > y_t^{\mathcal{M}_1}$. On the opposite, if $\text{Prob}(y_t^{\mathcal{M}_0} > y_t^{\mathcal{M}_1}) = 0.05$, the null hypothesis H_0 is rejected with a p-value of 0.05 in favour of

the alternative $H_1 : y_t^{\mathcal{M}_0} < y_t^{\mathcal{M}_1}$. Here $y_t^{\mathcal{M}_0}$ represents the returns on the benchmark volatility managing method, for e.g., **RV**, whereas $y_t^{\mathcal{M}_1}$ the returns on volatility targeting based on either a non-smooth or a smooth stochastic volatility model.

The left panel shows the results for October 1995. The $\text{Prob}(y_t^{\text{RV}} > y_t^{\text{SSV}}) = 0.07$, that is the null $\mathcal{H}_0 : y_t^{\text{RV}} = y_t^{\text{SSV}}$ can not be rejected at standard significance levels. Similarly, $\text{Prob}(y_t^{\text{U}} > y_t^{\text{SSV}}) = 0.66$, which again suggests that the returns on the **SSV** volatility targeting and the unmanaged counterpart are statistically equivalent. The right panel of Figure 4 show as another example the returns distribution on March 2009. The probability $\text{Prob}(y_t^{\text{RV}} > y_t^{\text{SSV}}) = 0$, that is the null hypothesis $\mathcal{H}_0 : y_t^{\text{RV}} = y_t^{\text{SSV}}$ is rejected with a p-value of 0.000 in favour of the alternative $\mathcal{H}_1 : y_t^{\text{RV}} < y_t^{\text{SSV}}$. Similarly, $\text{Prob}(y_t^{\text{RV}} > y_t^{\text{SV}}) = 0.08$, which suggests that the **SV** model produce a volatility-managed portfolio which is statistically equivalent to the one implied by a realised variance **RV**. The bottom panel of Figure 4 shows that the distribution of **SSV** and **SV** can be highly time varying. The figure shows as an example the distribution of the returns on a volatility-managed momentum portfolio. The large negative performance of the unmanaged momentum strategy in March-May 2009 coincides with the so-called “momentum crashes” (see [Barroso and Santa-Clara, 2015](#); [Daniel and Moskowitz, 2016](#); [Bianchi et al., 2022](#)).

Two interesting facts emerge. First, and perhaps not surprisingly, a non-smooth stochastic volatility model tends to produce relatively similar volatility adjusted returns with few exceptions. In this respect, a standard **RV** rescaling substantially overperform (underperform) the unmanaged portfolio during periods of large negative (positive) returns. Put it differently, standard volatility targeting helps to mitigate tail risk at the expense of cutting upside opportunities. This is consistent with the abundant empirical evidence that indeed, on average, **RV** targeting does not systematically outperforms unmanaged portfolios. The second interesting fact pertains our smoothing volatility targeting; the returns on the **SSV** are closer to the original equity strategy.

We now take to task the intuition highlighted in Figure 4 and compare our **SSV** methodology against all of the competing volatility targeting methodsm, across all of the 158 equity strategies in our sample. Specifically, we calculate each month two indicator dummies $\mathbb{I}_{i,t}^+, \mathbb{I}_{i,t}^-$ for each of

the $t = 1, \dots, n$ and each of the $i = 1, \dots, m$ equity trading strategies,

$$\mathbb{I}_{i,t}^+ = \begin{cases} 1 & \text{if } \text{Prob} (y_{i,t}^{\mathcal{M}_0} < y_{i,t}^{\text{SSV}}) < 0.05 \\ 0 & \text{otherwise} \end{cases} \quad \mathbb{I}_{i,t}^- = \begin{cases} 1 & \text{if } \text{Prob} (y_{i,t}^{\mathcal{M}_0} > y_{i,t}^{\text{SSV}}) > 0.95 \\ 0 & \text{otherwise} \end{cases} \quad (19)$$

We can then calculate $p_i^+ = n^{-1} \sum_{t=1}^n \mathbb{I}_{i,t}^+$ and $p_i^- = n^{-1} \sum_{t=1}^n \mathbb{I}_{i,t}^-$, with n the sample of observations, for each equity trading strategy. These indicate the frequency over the full sample with which the null hypothesis $\mathcal{H}_0 : y_t^{\mathcal{M}_0} = y_t^{\text{SSV}}$ is rejected in favour of the alternative $\mathcal{H}_1 : y_t^{\mathcal{M}_0} < y_t^{\text{SSV}}$, i.e., p_i^+ , or the alternative $\mathcal{H}_1 : y_t^{\mathcal{M}_0} > y_t^{\text{SSV}}$, i.e., p_i^- .

Figure 5 reports the difference between p_i^+ and p_i^- for all 158 equity strategies. This indicates the imbalance between outperformance and underperformance of our $y_{i,t}^{\text{SSV}}$ compared to a benchmark $y_{i,t}^{\mathcal{M}_0}$. The left panel compares our SSV against the original factor portfolios **U** and the volatility targeting based on the realised variance **RV**. The comparison against the unscaled factors confirms the results of Cederburg et al. (2020); there is no systematic outperformance of volatility targeting versus unmanaged equity strategies over the sample under investigation. This is reflected in the fact that the difference between p_i^+ and p_i^- is centered around zero for the cross section of equity strategies. The middle and right panel also confirms that, unconditionally over the full sample, the performance of our SSV does not systematically dominate other competing volatility targeting methods. For instance, the spread $p_i = p_i^+ - p_i^-$ is as low as -0.1 and as high as 0.05 when comparing SSV vs RV6. Similarly, p_i ranges between -0.05 and 0.05 when comparing our SSV against the **HAR** or the **Garch** methods.

The results in Figure 5 show that the returns on volatility-managed portfolios are statistically equivalent to unscaled factors, at least unconditionally. We now look at a conditional aggregation of the indicators $\mathbb{I}_{i,t}^+$ and $\mathbb{I}_{i,t}^-$. Specifically, we construct a $p_t^+ = m^{-1} \sum_{i=1}^m \mathbb{I}_{i,t}^+$ and $p_t^- = m^{-1} \sum_{i=1}^m \mathbb{I}_{i,t}^-$, with m the number of equity strategies, for month $t = 1, \dots, n$. Figure 6 reports the spread $p_t = p_t^+ - p_t^-$ across the whole sample of observations. The left panel compares the performance of SSV versus **RV** and the unmanaged factors **U**. Two interesting facts emerge; first, for the most part of the sample the performance of the SSV is subpar compared

to the RV . This is primarily concentrated in the expansionary periods, whereby volatility is low and the exposure to the original unscaled portfolios is levered up (see, e.g., Figure 1).

Second, a smooth volatility targeting substantially improves upon RV during the recession in the aftermath of the dot-com bubble and the great financial crisis of 2008/2009. Interestingly, most of the underperformance of SSV versus U is concentrated during the burst of the dot-com bubble. A possible explanation is that volatility-targeting implies a deleveraging on the original factor, in period in which high volatility did not necessarily correspond to large losses in the original equity factors. The middle and right panel in Figure 6 shows that alternative volatility measures to RV share a similar pattern compared to our SSV ; that is, by smoothing volatility forecasts the performance during major recessions improves at the expenses of a subpar performance during economic expansions and/or lower-volatility periods.

3.3 Economic evaluation

We begin our analysis by presenting detailed results on direct performance comparison between unscaled and scaled portfolios without considering transaction costs. Next, we [Moreira and Muir \(2017\)](#); [Cederburg et al. \(2020\)](#) and consider two distinct levels of the notional value traded as transaction costs to implement volatility targeting. Finally, we compared our SSV volatility targeting against both RV and other competing forecasting methods when leverage constraints are considered (see, e.g., [Barroso and Detzel, 2021](#)).

3.3.1 Baseline results without transaction costs. Table 1 reports the annualised Sharpe ratio (henceforth SR) and the Sortino ratio, for both unconditional and real-time volatility targeting. For each performance measure, we report both the mean value and the 2.5th, 25th, 50th, 75th, and 97.5th percentiles across all the 158 equity trading strategies.

Both the original and the volatility-managed versions of the factors yield a positive annualised Sharpe ratio on average. The average SR is highly comparable across volatility forecasting methods. For instance, the annualised SR from the RV is 0.28 against a 0.26 obtained from our SSV smoothing volatility targeting. The dispersion of SRs in the cross section of equity

strategies is also quite comparable across methods. For instance, the 97.5th percentile in the distribution of SRs is 0.69 for our **SSV** method against a 0.81 obtained from a smoother realised variance estimate **RV6**.

To determine whether the Sharpe ratio on a given volatility-managed portfolio is statistically different from its unmanaged counterpart, we follow the bootstrap approach of [Jobson and Korkie \(1981\)](#); [Ledoit and Wolf \(2008\)](#). Across all 158 equity strategies, Table 1 reports the fraction of SR differences that are positive or negative and are statistically significant at the 5% level. Consistent with [Cederburg et al. \(2020\)](#), the results in Table 1 suggest that volatility-managed portfolios do not systematically outperform their original counterparts. For instance, volatility targeting based on realised variance leads to a significantly larger (smaller) SR compared to unmanaged portfolios for 6% (2.5%) of the 158 equity trading strategies considered. Volatility management based on **SSV** improves the performance of a slightly larger set of anomalies compared to, for instance, the **HAR** volatility targeting which ranks second. Nevertheless, differences across methods tend to be small in absolute terms.

Table 1 also reveals that without considering transaction costs the performance across methods is also fairly comparable in terms of how much tail risk they mitigate compared to the unscaled portfolios. For instance, the average Sortino ratio across the 158 equity strategies is 1.44, which is smaller than the 1.77 obtained from the **RV**, but economically fairly close. The Sortino ratios are fairly comparable across volatility forecasting methods. For instance, the average Sortino ratio from the **RV** is 1.77 against a 1.55 obtained from our **SSV** volatility forecast.

Existing evidence on the performance of volatility-managed portfolios follows from a spanning regression approach of the form $y_t^\sigma = \alpha + \beta y_t + \epsilon_t$. The object of interest is the intercept α , that is a positive α implies that a combination of the original unmanaged factor and its volatility-managed counterpart expands the mean-variance frontier compared to investing in the original unscaled portfolio alone (see, e.g., [Gibbons et al., 1989](#)). The top panel in Table 2 reports the mean alpha (in %) across all the 158 equity strategies obtained from different volatility target methods. In addition to the mean value, we report the 2.5th, 25th, 50th, 75th,

and 97.5th percentile of the alphas across all rescaled portfolios. The **RV** rescaling achieves the highest gross α , on average across portfolios (1.68%), on par with the six-month realised variance **RV6**. This holds both for the unconditional and the real-time volatility targeting. The fraction of positive and significant – at the conventional 5% level – gross alphas, is also higher for the **RV** and **RV6** methods. For instance, more than 40% of the **RV6** scaled portfolios have a positive and significant alpha compared to 31% from our **SSV**.

[Moreira and Muir \(2017\)](#) link their spanning test results to appraisal ratios and utility gains for investors. Both metrics can be read in the context of mean-variance portfolio choice. The appraisal ratio for a given scaled strategy is $AR = \hat{\alpha}/\hat{\sigma}_\varepsilon$, where $\hat{\alpha}$ is the estimated gross alpha from the spanning regression and $\hat{\sigma}_\varepsilon$ the root mean squared error. The squared of the appraisal ratio reflects the extent to which volatility management can be used to increase the slope of the mean-variance frontier (see, [Gibbons et al., 1989](#)). The mid panel of Table 2 shows the results for both unconditional and real-time volatility targeting. On average, the appraisal ratio from the **RV** is higher (0.05) compared to our **SSV** (0.03). The cross-sectional distribution of the ARs is quite symmetric, as the mean and median estimates tend to coincide.

The estimates of the $\hat{\alpha}$ from the spanning regressions can be used to quantify the utility gain from volatility management by comparing the certainty equivalent return (CER) for the investor who has access to both the original and the volatility-managed factor against the investor who is constrained to the original equity strategy only. We follow [Cederburg et al. \(2020\)](#); [Barroso and Detzel \(2021\)](#) and define the difference in CER from the unmanaged and the scaled portfolios as

$$\Delta CER = \frac{SR(z_t^*) - SR(y_t)}{2\gamma},$$

where $SR(y_t)$ is the Sharpe ratio of the unscaled portfolio and $SR(z_t^*)$ is the Sharpe ratio of the combined strategy $z_t = x_\sigma \omega_t + x$, with $\omega_t = \frac{c^*}{\hat{\sigma}_{t|t-1}^2}$. The ex post optimal policy $[x_\sigma, x]' = \frac{1}{\gamma} \hat{\Sigma}^{-1} \hat{\mu}$ allocates a static weight x_σ to the volatility-managed portfolio and a static x weight on the original factor, based on the sample covariance $\hat{\Sigma}$ and the sample mean $\hat{\mu}$ returns of the scaled

and unscaled portfolios. This policy is equivalent to dynamically adjust the exposure to the original factor portfolio according to z_t , so that the returns on the combined strategy can be obtained as $z_t^* = z_t \cdot y_t$. The bottom panel of Table 2 shows the results for both the unconditional and real-time volatility targeting. We follow Cederburg et al. (2020); Wang and Yan (2021) and consider a risk aversion coefficient equal to $\gamma = 5$. The ΔCER confirms that the **RV** rescaling expands ex post the mean-variance frontier relative to the other volatility targeting methods, when no transaction costs are considered. For instance, the ΔCER from the **RV** is 0.18 versus 0.09 obtained from our **SSV** smoothing volatility forecast. Interestingly, a slightly smoother estimate of realised volatility, i.e., **RV6**, produces a marginally higher ΔCER , both unconditionally and in real time.

3.3.2 Turnover and leverage. A standard volatility targeting strategy is built upon rescaling original portfolio returns by the inverse of the previous month's realised variance. As a result, the often erratic nature of realised volatility potentially imply a high portfolio turnover and substantial time-varying leverage, which is likely to cast doubt on the actual usefulness of volatility-managed portfolios under common liquidity constraints (see Moreira and Muir, 2017; Harvey et al., 2018; Bongaerts et al., 2020; Barroso and Detzel, 2021). Table 3 shows the amount of portfolio turnover for different volatility targeting methods. The portfolio turnover is calculated as the average absolute change in monthly volatility-managing weights $|\Delta w|$ (see Moreira and Muir, 2017). Similar to the direct performance comparison and the spanning regression results, we report the mean turnover as well as the 2.5th, 25th, 50th, 75th, and 97.5th percentile across the 158 equity strategies.

The average turnover from our **SSV** volatility targeting is the lowest among all different methods. For instance, the turnover from the **RV** is 0.65 on average across portfolios against a 0.05 from the **SSV** volatility forecast. The average turnover from **SSV** is consistently lower in the cross section of equity portfolios. For instance, the 2.5th (97.5th) percentile is 0.03 (0.06) for the **SSV** against a 0.51 (0.91) from the previous month's realised variance rescaling. Interestingly, a smoother six-month realised variance substantially reduces the turnover compared to **RV**. For

instance, the turnover is 0.14 from the **RV6** against 0.65 from the **RV** forecast. Nevertheless, our **SSV** stands out in terms of portfolio stability, both within the context of unconditional or real-time volatility targeting.

We expand on the existing evidence on volatility-managed portfolios also report both the average leverage implied by volatility targeting, i.e., $\omega_t = \frac{c^*}{\hat{\sigma}_{t|t-1}^2}$. The middle panel of Table 3 shows the results. The leverage from the real-time implementation of the **RV** rescaling is 1.33, on average across equity strategies. This is almost twice as large as the leverage implied by our **SSV** volatility targeting (0.73). Spreads are lower for the unconditional targeting, in fact the average turnover is similar across volatility targeting methods. However, the bottom panel shows that our **SSV** helps to mitigate extreme leverage, with a standard deviation of 0.43, on average across portfolios versus 1.09 from the **RV** forecast. The stability of the **SSV** volatility adjustment is even more clear when looking at the real-time implementation; the average standard deviation of w_t across equity strategies is 0.27 from the **SSV** against a 1.21, 1, and 0.85 from the **RV**, **RV6** and **RV AV**, respectively.

3.3.3 Main specification with transaction costs. Table 3 depicts the average turnover and leverage associated with both the baseline **RV** and all the other competing volatility forecasting methods. The results show that alternative rescaling methods, such as **HAR**, **Garch** and **RV AR** indeed helps to stabilise volatility managing compared to a standard **RV**. Nevertheless, our **SSV** generates by far the lowest turnover and lowest leverage. This suggests that by smoothing volatility forecasts one can mitigate turnover and as a results transaction costs.

For each equity factor we now consider the costs of the leverage adjustment associated with volatility targeting. We follow [Moreira and Muir \(2017\)](#); [Wang and Yan \(2021\)](#) and consider two alternative levels of transaction costs of 14 basis points of the notional value traded to implement volatility targeting – which is in line with [Frazzini et al. \(2012\)](#) – and a more conservative 50 basis points as in [Wang and Yan \(2021\)](#).

Table 4 reports the net-of-costs performance statistics for the managed factors. After 14 bps costs, the average SR for the **RV** method decreases to 0.17 from 0.23. The SR from the

RV method decreases even further when considering a more conservative 50 bps of transaction costs. For instance, with 50 bps of notional trading costs the average SR across RV volatility-managed portfolios turns to a negative -0.11 annualised. This is in stark contrast of what we obtain by smoothing the volatility predictions; our **SSV** generates a remarkable stable SR of 0.25 and 0.23 after 14 and 50 basis points of trading cost, respectively.

Perhaps more importantly, even with conservative 50 bps of costs, only 10% of volatility-managed portfolios produce a significantly lower SR compared to the unmanaged counterpart. This is against a 79% of significantly lower Sharpe ratios produced by RV. The bottom panels show that our **SSV** improves upon other competing volatility targeting methods also in terms of downside risk-adjusted returns. When we consider 50 basis points of transaction costs, the Sortino ratio from **SSV** is 1.38 versus -0.69 from RV, 0.85 from **RV6** and 0.98 from a **Garch** model, respectively. With less conservative 14 basis points of notional trading costs the Sortino ratio is fairly comparable across volatility targeting methods.

Table 5 reports the results for the spanning regression $y_t^\sigma = \alpha + \beta y_t + \epsilon_t$, with y_t^σ the returns on the volatility managed portfolio net of transaction costs and y_t^σ its unscaled counterpart. The top panels report the estimated alphas ($\hat{\alpha}$ in %). When considering a conservative notional trading cost of 50 basis points, our **SSV** volatility forecast generates a positive alpha of 0.46% annualised. This is against a large and negative alpha from the **RV**, **RV AR**, **HAR**, and **SV** methods. Consistent with [Barroso and Detzel \(2021\)](#), a longer-term six-month estimate of the realised variance **RV6** gives a substantially improved volatility-managed alpha of 0.12%. Perhaps more importantly, our **SSV** method generates a significantly positive alpha for 21% of the equity strategies in our sample, against, for instance, 3%, 9%, and 14% from the **RV**, **RV6** and **Garch** models, respectively.

The appraisal ratio $AR = \hat{\alpha}/\hat{\sigma}_\epsilon$ reported in the middle panel of Table 5 confirms that our **SSV** substantially improves upon standard volatility targeting based on **RV**, especially when more conservative transaction costs are factored in. For instance, with 50 basis points of trading costs the **SSV** is the only method that can still generate a positive appraisal ratio. By comparison, the **RV**, **RV6**, **Garch** and **RV AR** all generate significantly negative ARs. The bottom

panels report the difference in the certainty equivalent return between an investor that can access both the volatility-managed and the original portfolio, and an investor constrained to invest in the original portfolio only. The utility gain $\Delta CER(\%)$ is highly in favour of our SSV volatility targeting. For instance, for 14 basis points of transaction costs, the second-best performing strategy is the RV6 rescaling with a ΔCER of 9.56%, annualised, against a 14.5% from our SSV.

3.3.4 Transaction costs with leverage constraints. Standard volatility targeting strategies are not designed to mitigate transaction costs. Indeed, the results in Tables 4-5 show that when conservative levels of transaction costs to implement volatility targeting are considered, the performance of standard volatility targeting methods substantially deteriorates. Hence, we next evaluate whether by reducing liquidity demand via capping leverage render volatility targeting still profitable after costs. This approach does not necessarily aim at an optimal allocation from the perspective of a mean-variance investor. Rather, it is a simple, yet effective, risk-management approach that aims to regularise the capital exposure to the original equity trading strategy. We follow [Moreira and Muir \(2017\)](#); [Cederburg et al. \(2020\)](#); [Barroso and Detzel \(2021\)](#); [Wang and Yan \(2021\)](#) and consider two different levels of leverage constraint; one that cap the leverage at 1.5 times the original factor, and a second less restrictive that cap leverage at 5 times the exposure to the original factor.

Table 6 reports the Sharpe and the Sortino ratios considering the same level of transaction costs as in Section 3.3.3, namely 14 and 50 basis points of the notional trading exposure. Panel A shows the results for a 500% leverage constraint. For a conservative 50 basis points transaction costs our SSV produces the highest Sharpe and Sortino ratios among the volatility targeting methods, on average across the 158 equity strategies. For instance, the SSV generates a 0.23 Sharpe ratio on average against a dismal -0.10 annualised Sharpe ratio from the RV. Compared to the unmanaged portfolios, the number of significantly higher SRs is also higher for the SSV case. For instance, none of the rescaled portfolios with RV has a positive and significant SR differential against 7% of the portfolios rescaled with SSV.

Panel B shows the results for a more restrictive leverage constraint, which forces the exposure from volatility targeting no more than 1.5 times the original factor portfolio. Consistent with Moreira and Muir (2017); Barroso and Detzel (2021), a tighter cap does indeed regularise more the performance of volatility targeting across all competing methods. Nevertheless, the performance of our SSV portfolio is quite stable across different levels of leverage constraints. Interestingly, unlike the case without leverage constraints, the RV6 plus leverage cap proves to be a quite competitive benchmark volatility targeting method.

Table 7 reports the results for the spanning regression $y_t^\sigma = \alpha + \beta y_t + \epsilon_t$, with y_t^σ the returns on the volatility managed portfolio with a leverage cap of 5, net of transaction costs. The top panels report the estimated alphas ($\hat{\alpha}$ in %). When considering a conservative notional trading cost of 50 basis points, our SSV volatility forecast generates a positive alpha of 0.46% annualised. This is against a large and negative alpha from the RV, RV AR, HAR, and SV methods. Perhaps more importantly, our SSV method generates a significantly positive alpha for 21% of the equity strategies in our sample, against, for instance, 3%, 17%, and 14% from the RV, RV6 and Garch models, respectively.

The appraisal ratio $AR = \hat{\alpha}/\hat{\sigma}_\epsilon$ reported in the middle panel of Table 7 confirms that our SSV substantially improves upon standard volatility targeting based on RV, especially when more conservative transaction costs are factored in. For instance, with 50 basis points of trading costs the SSV is the only method that can still generate a positive appraisal ratio together with the RV6 long-term realised variance method. By comparison, the RV, Garch and RV AR all generate significantly negative ARs. The bottom panels report the difference in the certainty equivalent return between an investor that can access both the volatility-managed and the original portfolio, and an investor constrained to invest in the original portfolio only. The utility gain $\Delta CER(%)$ is highly in favour of our SSV volatility targeting. For instance, for 14 (50) basis points of transaction costs, our SSV method generates a 12% (8%) utility gain. This compares to the 7% from the HAR with 14 basis points and 2.2% from the RV6 with 50 basis points of transaction costs.

Table 8 reports the spanning regression results with a tighter leverage cap of 1.5. The results

are largely in line with Table 7. That is, the RV6 does indeed represents a challenging benchmark for our SSV method when it comes to the estimated alphas. However, the $\Delta CER(\%)$ from the combination strategy is substantially in favour of our smoothing volatility targeting. For instance, the $\Delta CER(\%)$ from the SSV is 9.52% (13.8%) with 50 (14) basis points of notional transaction costs, against a 4.5% (8/2%) from the RV6 volatility targeting.

4 Simulation study and inference properties

We now perform an extensive simulation study to evaluate the properties of our estimation framework in a controlled setting. We compare our variational Bayes (VB) method against two state-of-the-art Bayesian approaches used within the context of stochastic volatility models, such as MCMC (see, [Hosszejni and Kastner, 2021](#)) and the global variational approximation recently introduced by [Chan and Yu \(2022\)](#) (henceforth CY). Since neither of the benchmark approaches entertain the possibility of arbitrarily smooth predictive densities, the baseline comparison is based on the assumption that $\mathbf{W} = \mathbf{I}_{n+1}$ and the underlying latent state follows an autoregressive dynamics. This gives a cleaner comparison of the accuracy of our variational estimates both in absolute terms and with respect to MCMC methods.

We compare each estimation method across $N = 100$ replications and for all different specifications. We consider $T = 600$, consistent with the shortest time series in the empirical application, $c = 0$, $\eta^2 = 0.1$ and both low and high persistence $\rho \in \{0.70, 0.98\}$. Recall that our estimation framework is agnostic on the structure of covariance of the approximating density $\Sigma_{q(h)}$ (see Proposition 2.1). However, to better understand the contribution of such generalisation compared to existing methods, we also consider the performance of a more tight parametrization with $\Sigma_{q(h)} = \tau^2 \mathbf{Q}^{-1}$, where $\tau^2 \in \mathbb{R}^+$ and $\mathbf{Q} = \mathbf{Q}(\gamma)$ (henceforth VBH). This provides an homoschedastic representation of the approximating density in the spirit of [Chan and Yu \(2022\)](#), which further simplifies the estimation of $\mathbf{f}_{q(h)}$, τ^2 , and γ .

Figure 7 reports the mean squared error and a measure of global estimation accuracy compared to the MCMC. The mean squared error is measured as $MSE = n^{-1} \sum_{t=1}^n (h_t - \hat{h}_t)^2$, where

h_t and \hat{h} are the simulated log-variance and its estimate, respectively. The average aggregated accuracy of variational Bayes with respect to the MCMC approach is calculated as:

$$\mathcal{ACC} = 100 \left\{ 1 - 0.5 \int |q(\mathbf{h}) - p(\mathbf{h}|\mathbf{y})| d\mathbf{h} \right\} \%, \quad (20)$$

where $p(\mathbf{h}|\mathbf{y})$ is the MCMC posterior and $q(\mathbf{h})$ is the comparing variational Bayes approximation (see [Wand and Ormerod, 2011](#)). For the higher-persistence scenario with $\rho = 0.98$ (top panels), the MCMC, CY, VB, and VBH provide statistically equivalent performances. The best approximation to the MCMC is provided by our VB for $\rho = 0.98$.

Interestingly, for the lower-persistent scenario with $\rho = 0.70$ (bottom panels), the CY approach shows some difficulty in capturing the full extent of the dynamics of the latent stochastic volatility process. This is also reflected in a generally lower accuracy in approximating the true posterior density $p(\mathbf{h}|\mathbf{y})$ compared to the MCMC approach. The lower accuracy of the CY approach for $\rho = 0.7$ is due to a more restrictive dynamics of the latent state imposed by their estimation setting. The approximation proposed by [Chan et al. \(2021\)](#) is based on the computationally convenient assumption that the latent volatility state is a random walk. As a result, it shows a substantially lower accuracy when $\rho \ll 1$.

Although neither the CY nor the MCMC approach entertain the possibility of smooth volatility forecasts, for a full comparison of the estimation accuracy of our VB method we also evaluate the performance of two alternative smoothing approaches, with \mathbf{W} either a B-spline basis matrix with knots equally spaced every 10 time points (henceforth **VBS**), or a Daubechies wavelet basis matrix with $l = 5$ (henceforth **VBW**).⁵ Notice that both these modifications of \mathbf{W} represent an arbitrary intervention on the approximating density $q(\mathbf{h})$. Compared to the baseline VB, the smooth approximations have a lower accuracy in the estimate of the underlying AR(1) latent process. Interestingly, similar to CY the global accuracy with respect to the MCMC deteriorates as the persistence of the latent log-volatility process decreases.

The last column of Figure 7 shows that our variational Bayes is less computationally expen-

⁵The choice of the equally spaced knots in the basis function and the l for the wavelet basis matrix is such that both approaches give a similar degree of smoothness.

sive compared to both MCMC and CY methods. The gain in terms of computational cost holds for both highly persistent latent stochastic volatility (top-right panel) and lower-persistent volatility (bottom-right panel). More generally, our VB is almost an order of magnitude faster than MCMC, on average. This intuitively represents an advantage when implementing real-time predictions for more than a 150 equity strategies, as in our main empirical application.

Figure 7 suggests that the accuracy of our variational Bayes estimation framework deteriorates when smoothness on the latent state is imposed via the structure in \mathbf{W} . We now investigate more in details why that is the case by looking at the posterior estimates of the parameters of interest $\{c, \eta^2, \rho\}$ for difference specifications of \mathbf{W} . Figure 8 shows that by imposing smoothness in the form of either B-spline or a Daubechies wavelet basis forces the posterior estimates of ρ to be close to one, irrespective of the actual level of persistence in the underlying latent process. Similarly, the estimates of the latent state variance η^2 are smaller for both VBS and VBW versus MCMC's, and even more so when $\rho = 0.7$. Figure 8 confirms the intuition that a lower accuracy of the posterior estimates of the latent state is due to a tight regularization of the parameters implied by smoothing. The effect on the conditional variance estimates is particularly striking.

Beside the possibility of introducing smoothness in the estimates and the competitive estimation accuracy performance, our variational Bayes approach relax the assumption that the initial distribution $q(h_0)$ is independent on the trajectory of the latent state $q(\mathbf{h}_1)$, that is, we do not assume $q(\mathbf{h}) = q(h_0)q(\mathbf{h}_1)$. Figure 9 shows that this generalisation has a non-negligible impact on the posterior estimate of the latent state, especially at the beginning on the sample. This is shown by comparing the global accuracy as per Equation (20) for different slices of data. The top (bottom) panels report the global accuracy when $\rho = 0.98$ ($\rho = 0.7$). We report the estimation results for $t \in (1, 10)$ in the left panel, $t \in (301, 310)$ in the middle panel, and $t \in (591, 600)$ in the right panel. The simulation results show that, irrespective of the underlying persistence of the latent state, our variational Bayes approach maintains an optimal performance over all the timeline. On the other hand, the accuracy of CY drops at the beginning of the time series. This is due to the restrictive independence assumption between

the initial condition and the rest of the latent state trajectory $q(\mathbf{h}) = q(h_0)q(\mathbf{h}_1)$.

5 Conclusion

Prior studies found that volatility-managed portfolios that increase leverage when volatility is low produce statistically equivalent economic value compared to the original unscaled factors. This contradicts conventional investment practice whereby risk mitigation should improve, or at least not deteriorates, portfolio returns on a risk-adjusted basis. We show that such equivalence is primarily due to the extreme leverage implied by volatility targeting. Indeed, volatility-managed portfolios based on standard realised variance tend to have extremely levered exposure to the original factors; such exposure is highly time varying. When factoring in moderate levels of notional transaction costs the benefit of volatility-managing disappears.

To regularise turnover and mitigates the effect of transaction costs on volatility-managed portfolios, we propose a novel inference scheme which allows to smooth the predictive density of an otherwise standard stochastic volatility model. Specifically, we develop a novel variational Bayes estimation method that flexibly encompasses different smoothness assumptions irrespective of the underlying persistence of the latent state. Using a large set of 158 equity strategies, we provide evidence that our smoothing volatility targeting approach has economic value when conservative levels of transaction costs are considered. This has important implications for both the risk-adjusted returns and the mean-variance efficiency of volatility-managed portfolios.

Table 1: **Volatility-managed portfolios and original equity strategies**

This table compares the performance of volatility-managed and original portfolios (U) for the cross section of 158 equity strategies. For a given factor, the volatility-managed factor return in month t is based on a forecast of the conditional variance. In addition to our smoothing volatility forecast (SSV), the variance forecasts are from a simple AR(1) fitted on the realised variance (RV AR), an alternative six-month window to estimate the longer-term realised variance (RV6), a long-memory model for volatility forecast as proposed by [Corsi \(2009\)](#) (HAR), a standard AR(1) latent stochastic volatility model (SV), and a plain GARCH(1,1) specification (Garch). For each volatility targeting method we report the mean annualised Sharpe ratio, Sortino ratio and maximum drawdown (in %), as well as their 2.5th, 25th, 50th, 75th, and 97.5th percentiles in the cross section of equity strategy. In addition, we report the fraction of volatility-managed portfolios that generate a Sharpe ratio which is statistically different from the unscaled strategy (see, [Ledoit and Wolf, 2008](#)), and is either positive or negative. The table reports both the performance measure with the scale parameter c^* calibrated over the full sample (unconditional targeting) or at each month t , c_t^* (real time targeting).

	Unconditional targeting								Real time targeting							
	U	RV	RV6	RV AR	HAR	Garch	SV	SSV	U	RV	RV6	RV AR	HAR	Garch	SV	SSV
SR																
Mean	0.24	0.28	0.29	0.29	0.27	0.26	0.26	0.26	0.24	0.27	0.28	0.28	0.27	0.26	0.26	0.26
Percentiles																
2.5	-0.12	-0.20	-0.22	-0.19	-0.20	-0.21	-0.20	-0.20	-0.12	-0.22	-0.23	-0.20	-0.20	-0.22	-0.21	-0.19
25	0.08	0.07	0.06	0.07	0.07	0.03	0.03	0.06	0.08	0.07	0.06	0.08	0.06	0.03	0.02	0.07
50	0.22	0.26	0.27	0.27	0.26	0.25	0.30	0.23	0.22	0.25	0.26	0.26	0.27	0.26	0.28	0.22
75	0.37	0.48	0.48	0.49	0.45	0.43	0.44	0.43	0.37	0.45	0.48	0.46	0.45	0.44	0.43	0.41
97.5	0.63	0.79	0.81	0.80	0.73	0.78	0.79	0.69	0.63	0.75	0.77	0.76	0.74	0.77	0.76	0.68
p< 0.05 & SR> 0	6.33	7.59	7.59	8.23	8.86	7.59	10.13		5.06	6.96	7.59	8.23	8.86	8.23	11.39	
p< 0.05 & SR< 0	2.53	0.00	1.27	1.90	6.33	5.06	5.06		2.53	0.63	1.27	1.27	4.43	5.70	3.80	
Sortino																
Mean	1.44	1.77	1.84	1.79	1.60	1.56	1.61	1.55	1.44	1.74	1.85	1.75	1.61	1.59	1.61	1.51
Percentiles																
2.5	-0.79	-1.06	-1.27	-1.06	-1.20	-1.21	-1.19	-1.12	-0.79	-1.23	-1.39	-1.22	-1.22	-1.23	-1.26	-1.11
25	0.49	0.46	0.44	0.50	0.39	0.17	0.18	0.35	0.49	0.48	0.41	0.47	0.38	0.16	0.13	0.44
50	1.38	1.59	1.66	1.62	1.55	1.67	1.72	1.43	1.38	1.58	1.63	1.61	1.55	1.57	1.67	1.42
75	2.17	2.90	2.95	2.85	2.69	2.63	2.53	2.40	2.17	2.80	2.90	2.81	2.66	2.62	2.54	2.39
97.5	3.50	5.77	5.03	5.47	4.48	4.77	4.64	4.18	3.50	4.84	4.75	4.73	4.55	4.73	4.62	4.09

Table 2: Spanning regression results

This table reports the results from a spanning regression of the form $y_t^\sigma = \alpha + \beta y_t + \epsilon_t$, with y_t^σ the returns on the volatility managed portfolio and y_t^σ its unscaled counterpart. We report the estimated alphas ($\hat{\alpha}$ in %), the appraisal ratio $AR = \hat{\alpha}/\hat{\sigma}_\epsilon$ and the difference in the certainty equivalent return between and investor that can access both the volatility-managed and the original portfolio, and an investor constrained to invest in the original portfolio only ΔCER . In addition to our smoothing volatility forecast (SSV), the variance forecasts are from a simple AR(1) fitted on the realised variance (RV AR), an alternative six-month window to estimate the longer-term realised variance (RV6), a long-memory model for volatility forecast as proposed by [Corsi \(2009\)](#) (HAR), a standard AR(1) latent stochastic volatility model (SV), and a plain GARCH(1,1) specification (Garch). For each volatility targeting method we report the mean annualised Sharpe ratio, Sortino ratio and maximum drawdown (in %), as well as their 2.5th, 25th, 50th, 75th, and 97.5th percentiles in the cross section of equity strategy. In addition, we report the fraction of volatility-managed alphas that are significant and either positive or negative. The table reports both the performance measure with the scale parameter c^* calibrated over the full sample (unconditional targeting) or at each month t , c_t^* (real time targeting).

	Unconditional targeting							Real-time targeting						
	RV	RV6	RV AR	HAR	Garch	SV	SSV	RV	RV6	RV AR	HAR	Garch	SV	SSV
$\alpha(\%)$														
Mean	1.68	1.68	1.49	0.93	1.20	1.17	0.74	1.78	1.84	1.50	0.98	1.39	0.49	0.34
Percentiles														
2.5	-1.87	-1.77	-1.59	-1.77	-2.51	-2.33	-1.62	-2.93	-1.83	-2.52	-1.45	-2.19	-0.96	-0.97
25	-0.04	-0.10	0.03	-0.13	-0.34	-0.25	-0.32	-0.05	-0.15	0.02	-0.14	-0.29	-0.12	-0.19
50	1.11	1.04	0.92	0.66	0.66	0.69	0.32	1.04	0.99	0.88	0.55	0.60	0.28	0.15
75	2.23	2.23	1.91	1.30	1.80	1.61	1.08	1.98	1.90	1.56	1.26	1.27	0.60	0.56
97.5	7.06	8.03	6.53	5.39	6.49	6.21	3.63	10.78	10.48	9.08	6.38	8.57	2.40	2.12
p< 0.05 & $\alpha > 0$	36.08	40.51	34.18	26.58	32.28	31.65	31.01	32.91	34.18	33.54	28.48	32.28	29.75	27.22
p< 0.05 & $\alpha < 0$	1.90	2.53	1.90	2.53	8.86	5.70	6.96	1.90	2.53	3.16	2.53	8.23	7.59	9.49
AR														
Mean	0.05	0.05	0.05	0.04	0.03	0.04	0.03	0.04	0.05	0.05	0.04	0.03	0.03	0.03
Percentiles														
2.5	-0.06	-0.06	-0.06	-0.06	-0.09	-0.08	-0.09	-0.06	-0.06	-0.07	-0.06	-0.08	-0.08	-0.09
25	0.00	-0.01	0.00	-0.01	-0.02	-0.02	-0.02	0.00	0.00	0.00	-0.01	-0.02	-0.02	-0.02
50	0.04	0.05	0.05	0.04	0.03	0.04	0.03	0.04	0.05	0.04	0.04	0.04	0.04	0.03
75	0.09	0.09	0.09	0.07	0.08	0.08	0.08	0.08	0.08	0.08	0.07	0.07	0.07	0.07
97.5	0.19	0.19	0.20	0.18	0.18	0.17	0.16	0.16	0.18	0.17	0.19	0.18	0.17	0.16
ΔCER														
Mean	0.18	0.19	0.16	0.09	0.14	0.13	0.09	0.15	0.17	0.12	0.07	0.12	0.02	0.03
Percentiles														
2.5	-0.06	-0.05	-0.05	-0.04	-0.08	-0.07	-0.06	-0.23	-0.08	-0.11	-0.10	-0.11	-0.37	-0.35
25	0.00	0.01	0.00	0.00	0.00	0.00	-0.01	0.05	0.05	0.04	0.03	0.03	0.01	0.01
50	0.06	0.06	0.05	0.03	0.03	0.03	0.02	0.11	0.11	0.11	0.09	0.09	0.06	0.06
75	0.20	0.18	0.16	0.11	0.13	0.10	0.07	0.22	0.25	0.21	0.17	0.14	0.12	0.11
97.5	0.92	0.65	0.80	0.41	0.49	0.47	0.26	0.76	0.80	0.63	0.38	0.42	0.29	0.23

Table 3: **Portfolios turnover and leverage dispersion**

This table reports a set of descriptive statistics for the volatility-managed portfolio turnover and leverage. The portfolio turnover is calculated as the average absolute change in monthly volatility-managing weights $|\Delta w|$ (see [Moreira and Muir, 2017](#)). The leverage is calculated as $\omega_t = \frac{c^*}{\hat{\sigma}_{t|t-1}^2}$. In addition to our smoothing volatility forecast (**SSV**), the variance forecasts are from a simple AR(1) fitted on the realised variance (**RV AR**), an alternative six-month window to estimate the longer-term realised variance (**RV6**), a long-memory model for volatility forecast as proposed by [Corsi \(2009\)](#) (**HAR**), a standard AR(1) latent stochastic volatility model (**SV**), and a plain GARCH(1,1) specification (**Garch**). For each volatility targeting method we report the mean annualised Sharpe ratio, Sortino ratio and maximum drawdown (in %), as well as their 2.5th, 25th, 50th, 75th, and 97.5th percentiles in the cross section of equity strategy. The table reports both the performance measure with the scale parameter c^* calibrated over the full sample (unconditional targeting) or at each month t , c_t^* (real time targeting).

	Unconditional targeting							Real time targeting						
	RV	RV6	RV AR	HAR	Garch	SV	SSV	RV	RV6	RV AR	HAR	Garch	SV	SSV
Turnover														
Mean	0.65	0.14	0.48	0.23	0.16	0.21	0.05	69.98	27.22	50.05	22.17	15.66	8.99	2.66
Percentiles														
2.5	0.51	0.11	0.32	0.13	0.05	0.10	0.03	42.08	16.20	29.49	12.82	4.59	4.97	1.36
25	0.57	0.12	0.41	0.20	0.13	0.17	0.04	51.17	19.23	37.26	19.26	10.59	7.64	2.34
50	0.62	0.14	0.45	0.23	0.15	0.20	0.05	59.43	22.04	40.98	21.80	14.09	8.35	2.57
75	0.69	0.16	0.54	0.26	0.19	0.24	0.05	86.49	34.09	64.53	24.94	19.25	10.14	2.92
97.5	0.91	0.22	0.71	0.30	0.29	0.33	0.06	128.35	55.72	98.16	33.43	34.72	14.38	4.21
Average leverage														
Mean	1.24	1.30	1.30	1.23	1.24	1.26	1.22	1.33	1.36	1.34	1.22	1.18	0.56	0.73
Percentiles														
2.5	1.00	1.08	1.07	1.06	1.00	1.04	1.02	0.83	0.89	0.91	0.86	0.76	0.33	0.53
25	1.15	1.20	1.21	1.15	1.15	1.18	1.15	1.00	1.06	1.06	1.01	0.93	0.47	0.67
50	1.22	1.29	1.28	1.22	1.22	1.24	1.20	1.19	1.22	1.19	1.14	1.08	0.56	0.73
75	1.30	1.36	1.35	1.29	1.31	1.33	1.26	1.58	1.63	1.57	1.39	1.38	0.62	0.79
97.5	1.59	1.67	1.65	1.53	1.55	1.56	1.45	2.22	2.21	2.22	1.95	1.93	0.79	0.92
Leverage dispersion														
Mean	1.09	0.92	0.79	0.51	0.72	0.72	0.43	1.21	1.00	0.85	0.48	0.70	0.32	0.27
Percentiles														
2.5	0.71	0.55	0.41	0.29	0.33	0.27	0.22	0.64	0.49	0.38	0.28	0.26	0.13	0.14
25	0.92	0.76	0.62	0.44	0.56	0.56	0.36	0.82	0.68	0.58	0.40	0.48	0.24	0.23
50	1.02	0.87	0.74	0.50	0.66	0.64	0.41	0.97	0.80	0.66	0.46	0.58	0.30	0.26
75	1.22	1.04	0.94	0.55	0.87	0.85	0.49	1.62	1.18	1.10	0.55	0.86	0.37	0.32
97.5	1.71	1.39	1.34	0.80	1.38	1.28	0.70	2.47	2.03	1.82	0.82	1.46	0.61	0.40

Table 4: Volatility-managed portfolios with transaction costs

This table compares the performance of volatility-managed and original portfolios (U) for the cross section of 158 equity strategies. For a given factor, the volatility-managed factor return in month t is based on a forecast of the conditional variance. In addition to our smoothing volatility forecast (SSV), the variance forecasts are from a simple AR(1) fitted on the realised variance (RV AR), an alternative six-month window to estimate the longer-term realised variance (RV6), a long-memory model for volatility forecast as proposed by [Corsi \(2009\)](#) (HAR), a standard AR(1) latent stochastic volatility model (SV), and a plain GARCH(1,1) specification (Garch). For each volatility targeting method we report the mean annualised Sharpe ratio, Sortino ratio and maximum drawdown (in %), as well as their 2.5th, 25th, 50th, 75th, and 97.5th percentiles in the cross section of equity strategy. In addition, we report the fraction of volatility-managed portfolios that generate a Sharpe ratio which is statistically different from the unscaled strategy (see, [Ledoit and Wolf, 2008](#)), and is either positive or negative. The table reports the results for two levels of transaction costs, 14 and 50 basis points of the notional value traded to implement volatility targeting.

	14 basis points									50 basis points								
	U	RV	RV6	RV AR	HAR	Garch	SV	SSV	U	RV	RV6	RV AR	HAR	Garch	SV	SSV		
SR																		
Mean	0.24	0.17	0.25	0.21	0.23	0.23	0.23	0.25	0.24	-0.11	0.14	0.01	0.13	0.16	0.14	0.23		
Percentiles																		
2.5	-0.12	-0.32	-0.26	-0.28	-0.26	-0.23	-0.24	-0.20	-0.12	-0.65	-0.39	-0.52	-0.40	-0.31	-0.32	-0.22		
25	0.08	-0.03	0.02	0.00	0.02	0.00	-0.01	0.05	0.08	-0.30	-0.09	-0.19	-0.08	-0.06	-0.09	0.03		
50	0.22	0.16	0.23	0.20	0.21	0.23	0.26	0.23	0.22	-0.14	0.13	0.00	0.11	0.16	0.16	0.21		
75	0.37	0.36	0.43	0.41	0.40	0.40	0.39	0.42	0.37	0.05	0.32	0.17	0.27	0.33	0.30	0.39		
97.5	0.63	0.69	0.77	0.72	0.69	0.76	0.76	0.68	0.63	0.48	0.66	0.54	0.59	0.71	0.66	0.66		
p< 0.05 & SR>0	1.90	4.43	3.80	5.06	6.96	6.96	8.86		0.00	1.27	0.00	1.90	3.80	1.27	6.96			
p< 0.05 & SR<0	15.19	5.70	10.76	6.96	12.03	12.66	5.70		79.11	27.22	65.82	36.71	27.22	36.08	10.13			
Sortino																		
Mean	1.44	1.08	1.52	1.30	1.35	1.40	1.40	1.50	1.44	-0.69	0.85	0.04	0.75	0.98	0.86	1.38		
Percentiles																		
2.5	-0.79	-1.92	-1.55	-1.62	-1.52	-1.32	-1.43	-1.15	-0.79	-4.16	-2.29	-3.05	-2.33	-1.77	-1.91	-1.27		
25	0.48	-0.21	0.13	-0.01	0.12	0.03	-0.05	0.32	0.48	-1.82	-0.58	-1.22	-0.50	-0.39	-0.53	0.21		
50	1.36	0.91	1.40	1.15	1.27	1.48	1.52	1.37	1.36	-0.91	0.78	0.02	0.68	1.01	1.01	1.25		
75	2.16	2.21	2.60	2.30	2.37	2.41	2.30	2.34	2.16	0.32	1.84	1.05	1.62	1.98	1.75	2.21		
97.5	3.49	5.14	4.87	5.01	4.17	4.65	4.41	4.14	3.49	3.55	4.32	3.85	3.62	4.43	3.84	4.04		

Table 5: **Spanning regression results with transaction costs**

This table reports the results from a spanning regression of the form $y_t^\sigma = \alpha + \beta y_t + \epsilon_t$, with y_t^σ the returns on the volatility managed portfolio and y_t^σ its unscaled counterpart. We report the estimated alphas ($\hat{\alpha}$ in %), the appraisal ratio $AR = \hat{\alpha}/\hat{\sigma}_\epsilon$ and the difference in the certainty equivalent return between an investor that can access both the volatility-managed and the original portfolio, and an investor constrained to invest in the original portfolio only ΔCER . In addition to our smoothing volatility forecast (SSV), the variance forecasts are from a simple AR(1) fitted on the realised variance (RV AR), an alternative six-month window to estimate the longer-term realised variance (RV6), a long-memory model for volatility forecast as proposed by [Corsi \(2009\)](#) (HAR), a standard AR(1) latent stochastic volatility model (SV), and a plain GARCH(1,1) specification (Garch). For each volatility targeting method we report the mean annualised Sharpe ratio, Sortino ratio and maximum drawdown (in %), as well as their 2.5th, 25th, 50th, 75th, and 97.5th percentiles in the cross section of equity strategy. In addition, we report the fraction of volatility-managed alphas that are significant and either positive or negative. The table reports the results for two levels of transaction costs, 14 and 50 basis points of the notional value traded to implement volatility targeting.

	14 basis points							50 basis points						
	RV	RV6	RV AR	HAR	Garch	SV	SSV	RV	RV6	RV AR	HAR	Garch	SV	SSV
α (%)														
Mean	0.58	1.22	0.68	0.51	0.92	0.82	0.66	-2.23	0.12	-1.39	-0.47	0.23	-0.08	0.46
Percentiles														
2.5	-3.00	-2.50	-2.59	-2.18	-2.73	-2.76	-1.71	-6.30	-3.88	-5.42	-3.11	-3.49	-3.92	-1.92
25	-1.02	-0.46	-0.69	-0.49	-0.62	-0.62	-0.40	-3.65	-1.37	-2.52	-1.42	-1.34	-1.44	-0.62
50	0.13	0.76	0.18	0.26	0.41	0.34	0.25	-2.61	-0.27	-1.71	-0.73	-0.29	-0.46	0.06
75	1.17	1.67	1.04	0.87	1.47	1.25	1.01	-1.66	0.65	-0.92	-0.01	0.86	0.46	0.83
97.5	5.62	6.74	5.39	4.92	6.04	5.66	3.53	2.39	5.16	2.58	3.91	5.01	4.29	3.30
p< 0.05 & $\alpha > 0$	11.39	26.58	13.92	15.19	28.48	20.25	28.48	3.16	8.86	4.43	6.33	14.56	8.23	21.52
p< 0.05 & $\alpha < 0$	14.56	7.59	12.03	9.49	13.92	13.29	10.13	70.89	23.42	60.13	37.34	23.42	32.28	15.82
AR (%)														
Mean	0.60	3.21	1.22	1.49	2.19	1.80	2.50	-10.23	-1.29	-8.30	-4.31	-1.01	-2.70	1.04
Percentiles														
2.5	-10.51	-8.26	-10.20	-8.60	-9.76	-9.67	-9.72	-25.05	-14.14	-21.95	-16.84	-13.79	-15.14	-11.17
25	-4.24	-1.76	-3.90	-3.39	-2.79	-3.54	-2.75	-15.13	-6.40	-13.33	-8.92	-6.53	-9.02	-4.55
50	0.43	2.85	1.01	1.83	1.83	2.06	2.17	-10.33	-0.99	-8.44	-4.89	-1.88	-2.76	0.52
75	4.82	6.97	5.03	4.70	6.97	6.15	7.55	-5.78	2.82	-4.16	-0.05	4.34	2.27	6.09
97.5	16.35	16.31	16.92	15.75	17.21	16.08	15.43	8.14	12.20	9.53	12.18	13.48	12.50	14.43
ΔCER (%)														
Mean	2.85	9.56	9.05	9.10	6.35	3.57	14.50	-14.50	-0.31	-9.70	-2.26	0.65	-3.75	9.47
Percentiles														
2.5	-17.02	-7.83	-9.22	-6.10	-9.77	-9.42	-6.53	-49.06	-18.03	-31.85	-15.63	-20.97	-21.88	-8.28
25	-3.33	-0.79	-1.94	-1.56	-1.47	-1.68	-0.95	-22.35	-5.21	-15.50	-7.62	-6.03	-7.31	-2.21
50	0.04	3.14	0.07	0.92	1.64	1.13	1.24	-8.72	-0.62	-6.79	-3.25	-0.54	-1.90	0.14
75	5.28	12.63	7.40	4.99	10.24	7.00	6.10	0.45	1.51	-0.91	-0.01	4.30	1.04	4.52
97.5	43.98	59.18	59.85	29.98	46.04	34.18	25.00	19.55	34.38	20.69	21.91	38.48	18.34	22.41

Table 6: Volatility-managed portfolios with leverage constraints

This table compares the performance of volatility-managed and original portfolios (U) for the cross section of 158 equity strategies. For a given factor, the volatility-managed factor return in month t is based on a forecast of the conditional variance. The volatility-managed weights are capped so that the maximum leverage attainable is 500% (panel A) or 50% (panel B) of the original factor exposure. In addition to our smoothing volatility forecast (SSV), the variance forecasts are from a simple AR(1) fitted on the realised variance (RV AR), an alternative six-month window to estimate the longer-term realised variance (RV6), a long-memory model for volatility forecast as proposed by [Corsi \(2009\)](#) (HAR), a standard AR(1) latent stochastic volatility model (SV), and a plain GARCH(1,1) specification (Garch). For each volatility targeting method we report the mean annualised Sharpe ratio, Sortino ratio and maximum drawdown (in %), as well as their 2.5th, 25th, 50th, 75th, and 97.5th percentiles in the cross section of equity strategy. In addition, we report the fraction of volatility-managed portfolios that generate a Sharpe ratio which is statistically different from the unscaled strategy (see, [Ledoit and Wolf, 2008](#)), and is either positive or negative. The table reports the results for two levels of transaction costs, 14 and 50 basis points of the notional value traded to implement volatility targeting.

Panel A: 500% leverage constraint

	14 basis points								50 basis points							
	U	RV	RV6	RV AR	HAR	Garch	SV	SSV	U	RV	RV6	RV AR	HAR	Garch	SV	SSV
SR																
Mean	0.24	0.17	0.27	0.21	0.23	0.23	0.23	0.25	0.24	-0.10	0.21	0.01	0.13	0.16	0.14	0.23
Percentiles																
2.5	-0.12	-0.32	-0.25	-0.28	-0.26	-0.23	-0.24	-0.20	-0.12	-0.66	-0.34	-0.52	-0.40	-0.30	-0.32	-0.22
25	0.08	-0.03	0.05	0.00	0.02	0.00	-0.01	0.05	0.08	-0.29	-0.02	-0.19	-0.08	-0.06	-0.09	0.03
50	0.22	0.15	0.24	0.20	0.21	0.23	0.26	0.23	0.22	-0.11	0.20	0.00	0.11	0.17	0.16	0.21
75	0.37	0.36	0.47	0.41	0.40	0.40	0.39	0.42	0.37	0.06	0.40	0.17	0.27	0.34	0.30	0.39
97.5	0.63	0.73	0.82	0.74	0.70	0.76	0.75	0.68	0.63	0.53	0.75	0.57	0.62	0.71	0.66	0.66
p < 0.05 & SR > 0	1.90	6.33	3.80	3.80	7.59	6.96	8.86		0.00	3.80	0.00	1.27	3.80	1.90	6.96	
p < 0.05 & SR < 0	15.19	2.53	12.03	6.33	12.66	12.66	5.70		75.95	12.66	65.82	37.97	28.48	36.08	11.39	
Sortino																
Mean	1.44	1.11	1.68	1.31	1.36	1.40	1.39	1.50	1.44	-0.61	1.29	0.05	0.75	0.99	0.86	1.38
Percentiles																
2.5	-0.79	-1.92	-1.40	-1.61	-1.52	-1.33	-1.44	-1.15	-0.79	-4.16	-1.85	-3.05	-2.33	-1.75	-1.93	-1.27
25	0.48	-0.20	0.31	-0.02	0.12	0.03	-0.05	0.32	0.48	-1.78	-0.09	-1.22	-0.47	-0.39	-0.53	0.21
50	1.36	0.88	1.48	1.16	1.27	1.49	1.52	1.37	1.36	-0.77	1.11	0.02	0.68	1.07	1.05	1.25
75	2.16	2.21	2.76	2.30	2.36	2.37	2.30	2.34	2.16	0.36	2.31	1.05	1.59	2.00	1.75	2.21
97.5	3.49	5.22	4.88	5.02	4.31	4.64	4.35	4.14	3.49	3.75	4.54	3.86	3.87	4.42	3.83	4.04

Panel B: 50% leverage constraint

	14 basis points								50 basis points							
	U	RV	RV6	RV AR	HAR	Garch	SV	SSV	U	RV	RV6	RV AR	HAR	Garch	SV	SSV
SR																
Mean	0.24	0.22	0.28	0.24	0.24	0.25	0.25	0.25	0.24	0.04	0.24	0.11	0.16	0.20	0.19	0.24
Percentiles																
2.5	-0.12	-0.30	-0.21	-0.26	-0.24	-0.22	-0.21	-0.19	-0.12	-0.50	-0.28	-0.40	-0.34	-0.26	-0.27	-0.20
25	0.08	0.01	0.07	0.02	0.03	0.02	0.01	0.06	0.08	-0.15	0.03	-0.09	-0.03	-0.03	-0.04	0.05
50	0.22	0.19	0.26	0.20	0.22	0.24	0.24	0.21	0.22	0.04	0.23	0.09	0.14	0.19	0.19	0.20
75	0.37	0.40	0.46	0.41	0.41	0.43	0.42	0.42	0.37	0.23	0.42	0.28	0.33	0.37	0.35	0.41
97.5	0.63	0.74	0.81	0.72	0.70	0.71	0.73	0.68	0.63	0.59	0.77	0.60	0.62	0.67	0.67	0.66
p < 0.05 & SR > 0	1.90	6.33	2.53	3.80	7.59	6.96	4.43		0.63	5.06	1.27	1.90	4.43	4.43	4.43	
p < 0.05 & SR < 0	10.13	1.90	5.70	5.70	8.86	8.23	4.43		55.06	4.43	43.67	25.95	20.25	25.32	6.96	
Sortino																
Mean	1.44	1.34	1.66	1.42	1.42	1.45	1.44	1.48	1.44	0.28	1.44	0.66	0.97	1.17	1.10	1.40
Percentiles																
2.5	-0.79	-1.67	-1.27	-1.46	-1.35	-1.27	-1.25	-1.07	-0.79	-2.99	-1.55	-2.30	-1.91	-1.48	-1.60	-1.18
25	0.48	0.06	0.41	0.16	0.17	0.14	0.08	0.34	0.48	-0.95	0.18	-0.57	-0.16	-0.15	-0.24	0.26
50	1.36	1.19	1.55	1.21	1.33	1.42	1.46	1.27	1.36	0.28	1.37	0.53	0.84	1.21	1.17	1.21
75	2.16	2.40	2.66	2.49	2.43	2.41	2.34	2.41	2.16	1.46	2.47	1.73	1.95	2.12	1.98	2.31
97.5	3.49	4.73	4.74	4.55	4.19	4.42	4.37	4.13	3.49	4.06	4.54	3.99	3.80	4.21	4.05	4.06

Table 7: Spanning regression results with x5 leverage constraints

This table reports the results from a spanning regression of the form $y_t^\sigma = \alpha + \beta y_t + \epsilon_t$, with y_t^σ the returns on the volatility managed portfolio and y_t^σ its unscaled counterpart. The volatility-managed weights are capped so that the maximum leverage attainable is 500% of the original factor exposure. We report the estimated alphas ($\hat{\alpha}$ in %), the appraisal ratio $AR = \hat{\alpha}/\hat{\sigma}_\epsilon$ and the difference in the certainty equivalent return between an investor that can access both the volatility-managed and the original portfolio, and an investor constrained to invest in the original portfolio only ΔCER . In addition to our smoothing volatility forecast (SSV), the variance forecasts are from a simple AR(1) fitted on the realised variance (RV AR), an alternative six-month window to estimate the longer-term realised variance (RV6), a long-memory model for volatility forecast as proposed by [Corsi \(2009\)](#) (HAR), a standard AR(1) latent stochastic volatility model (SV), and a plain GARCH(1,1) specification (Garch). For each volatility targeting method we report the mean annualised Sharpe ratio, Sortino ratio and maximum drawdown (in %), as well as their 2.5th, 25th, 50th, 75th, and 97.5th percentiles in the cross section of equity strategy. In addition, we report the fraction of volatility-managed alphas that are significant and either positive or negative. The table reports the results for two levels of transaction costs, 14 and 50 basis points of the notional value traded to implement volatility targeting.

	14 basis points							50 basis points						
	RV	RV3	RV AR	HAR	Garch	SV	SV5	RV	RV3	RV AR	HAR	Garch	SV	SV5
$\alpha(\%)$														
Mean	0.56	1.39	0.67	0.54	0.91	0.79	0.66	-2.08	0.78	-1.38	-0.45	0.24	-0.08	0.46
Percentiles														
2.5	-2.92	-2.11	-2.60	-2.16	-2.72	-2.85	-1.71	-5.80	-2.76	-5.36	-3.11	-3.43	-3.89	-1.92
25	-0.97	-0.31	-0.69	-0.49	-0.54	-0.57	-0.40	-3.48	-0.86	-2.50	-1.42	-1.24	-1.44	-0.62
50	0.11	0.84	0.18	0.30	0.40	0.33	0.25	-2.51	0.32	-1.69	-0.71	-0.28	-0.47	0.06
75	1.15	1.92	1.04	0.89	1.47	1.18	1.01	-1.49	1.25	-0.89	-0.01	0.86	0.46	0.83
97.5	5.52	7.57	5.39	4.96	6.05	5.66	3.53	2.51	6.71	2.63	3.91	5.02	4.34	3.30
p< 0.05 & $\alpha > 0$	12.03	30.38	13.92	15.82	27.85	20.89	28.48	3.16	17.72	4.43	6.96	13.92	8.86	21.52
p< 0.05 & $\alpha < 0$	15.19	3.16	12.03	8.86	13.29	13.92	10.13	70.25	13.92	59.49	36.08	23.42	32.28	15.82
$AR(\%)$														
Mean	0.01	0.04	0.01	0.02	0.02	0.02	0.02	-0.10	0.01	-0.08	-0.04	-0.01	-0.03	0.01
Percentiles														
2.5	-0.11	-0.07	-0.10	-0.09	-0.10	-0.10	-0.10	-0.25	-0.10	-0.22	-0.17	-0.14	-0.15	-0.11
25	-0.04	-0.02	-0.04	-0.03	-0.03	-0.03	-0.03	-0.15	-0.04	-0.13	-0.09	-0.07	-0.09	-0.05
50	0.00	0.04	0.01	0.02	0.02	0.02	0.02	-0.10	0.02	-0.08	-0.05	-0.02	-0.03	0.01
75	0.05	0.08	0.05	0.05	0.07	0.06	0.08	-0.06	0.05	-0.04	0.00	0.04	0.02	0.06
97.5	0.17	0.19	0.17	0.16	0.17	0.16	0.15	0.09	0.17	0.10	0.12	0.13	0.13	0.14
$\Delta CER(\%)$														
Mean	1.41	3.52	6.68	7.16	2.97	0.77	11.99	-4.53	2.24	-2.40	1.85	1.67	-1.16	8.26
Percentiles														
2.5	-1.01	-0.17	-0.62	-0.08	-0.49	-0.24	-0.01	-6.80	-0.61	-4.22	-0.35	-0.89	-0.82	-0.01
25	0.00	0.00	0.00	0.00	0.00	0.00	0.00	-0.25	0.00	0.00	0.00	0.00	0.00	0.00
50	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
75	0.03	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
97.5	18.67	35.18	34.75	28.94	23.41	18.11	16.31	0.96	28.34	4.18	20.08	16.93	9.45	14.89

Table 8: Spanning regression results with x1.5 leverage constraints

This table reports the results from a spanning regression of the form $y_t^\sigma = \alpha + \beta y_t + \epsilon_t$, with y_t^σ the returns on the volatility managed portfolio and y_t^σ its unscaled counterpart. The volatility-managed weights are capped so that the maximum leverage attainable is 50% of the original factor exposure. We report the estimated alphas ($\hat{\alpha}$ in %), the appraisal ratio $AR = \hat{\alpha}/\hat{\sigma}_\epsilon$ and the difference in the certainty equivalent return between an investor that can access both the volatility-managed and the original portfolio, and an investor constrained to invest in the original portfolio only ΔCER . In addition to our smoothing volatility forecast (SSV), the variance forecasts are from a simple AR(1) fitted on the realised variance (RV AR), an alternative six-month window to estimate the longer-term realised variance (RV6), a long-memory model for volatility forecast as proposed by [Corsi \(2009\)](#) (HAR), a standard AR(1) latent stochastic volatility model (SV), and a plain GARCH(1,1) specification (Garch). For each volatility targeting method we report the mean annualised Sharpe ratio, Sortino ratio and maximum drawdown (in %), as well as their 2.5th, 25th, 50th, 75th, and 97.5th percentiles in the cross section of equity strategy. In addition, we report the fraction of volatility-managed alphas that are significant and either positive or negative. The table reports the results for two levels of transaction costs, 14 and 50 basis points of the notional value traded to implement volatility targeting.

	14 basis points							50 basis points						
	RV	RV3	RV AR	HAR	Garch	SV	SV5	RV	RV3	RV AR	HAR	Garch	SV	SV5
$\alpha(\%)$														
Mean	0.47	0.88	0.50	0.48	0.62	0.58	0.44	-0.75	0.61	-0.51	-0.19	0.23	0.10	0.31
Percentiles														
2.5	-1.58	-1.04	-1.44	-1.30	-1.95	-1.90	-1.48	-2.86	-1.34	-2.51	-1.98	-2.29	-2.36	-1.61
25	-0.44	-0.12	-0.42	-0.35	-0.20	-0.31	-0.31	-1.73	-0.41	-1.44	-1.03	-0.72	-0.81	-0.44
50	0.24	0.60	0.26	0.25	0.37	0.32	0.25	-1.00	0.31	-0.77	-0.41	-0.05	-0.14	0.10
75	0.95	1.24	0.94	0.83	1.10	0.93	0.83	-0.24	0.99	-0.07	0.18	0.78	0.48	0.70
97.5	3.34	4.34	3.39	3.57	4.39	4.21	2.82	2.11	4.02	2.35	2.94	3.88	3.62	2.68
p < 0.05 & $\alpha > 0$	15.82	28.48	15.82	17.09	25.32	19.62	27.22	5.70	18.99	6.33	8.23	15.82	12.66	20.25
p < 0.05 & $\alpha < 0$	10.76	1.90	6.96	5.70	11.39	8.23	8.23	48.10	6.33	41.77	24.68	20.25	24.68	12.66
$AR(\%)$														
Mean	0.02	0.04	0.02	0.02	0.03	0.02	0.02	-0.06	0.02	-0.05	-0.02	0.00	-0.01	0.01
Percentiles														
2.5	-0.10	-0.06	-0.09	-0.07	-0.09	-0.09	-0.09	-0.20	-0.09	-0.18	-0.14	-0.12	-0.13	-0.11
25	-0.03	-0.01	-0.03	-0.02	-0.03	-0.03	-0.03	-0.11	-0.02	-0.09	-0.07	-0.06	-0.06	-0.04
50	0.02	0.04	0.02	0.02	0.02	0.02	0.02	-0.07	0.02	-0.05	-0.03	0.00	-0.01	0.01
75	0.05	0.07	0.05	0.05	0.07	0.06	0.07	-0.01	0.06	0.00	0.01	0.05	0.03	0.06
97.5	0.15	0.19	0.15	0.16	0.17	0.17	0.15	0.10	0.17	0.11	0.13	0.15	0.15	0.14
$\Delta CER(\%)$														
Mean	3.52	8.24	9.00	9.20	5.75	3.21	13.84	-9.14	4.96	-5.50	1.07	2.52	-1.26	9.52
Percentiles														
2.5	-7.81	-1.95	-3.83	-4.48	-5.95	-6.19	-4.99	-28.64	-4.98	-19.61	-10.43	-10.47	-12.08	-7.00
25	-0.13	0.00	0.00	0.00	0.00	0.00	0.00	-9.54	-0.01	-6.19	-1.82	-0.12	-0.46	0.00
50	0.00	0.03	0.00	0.00	0.00	0.00	0.00	-0.82	0.00	-0.04	0.00	0.00	0.00	0.00
75	1.34	6.55	1.98	2.55	4.52	3.08	3.25	0.00	2.89	0.00	0.00	1.51	0.02	2.35
97.5	43.98	60.33	65.16	37.37	46.04	32.86	24.00	10.39	46.72	15.88	26.67	38.48	18.34	21.78

Figure 1: Volatility targeting and portfolio leverage

The figure reports the leverage implied by rescaling the original factor portfolios by the previous month's realised variance. The latter is estimated based on daily squared returns on the same factor. The left panel reports the rescaling over time for three common factor portfolios, namely the returns on the market in excess of the risk-free rate, the size portfolio (see, e.g., [Fama and French, 1996](#)), and the classic momentum strategy as proposed by [Jegadeesh and Titman \(1993\)](#). The right panel reports the cross-sectional distribution of the mean and median leverage weights across all 157 factor portfolios investigated in the main empirical analysis. In addition to the mean and median, the figure also reports the value of the top 10% and top 1% highest leverage weight across factor portfolios.

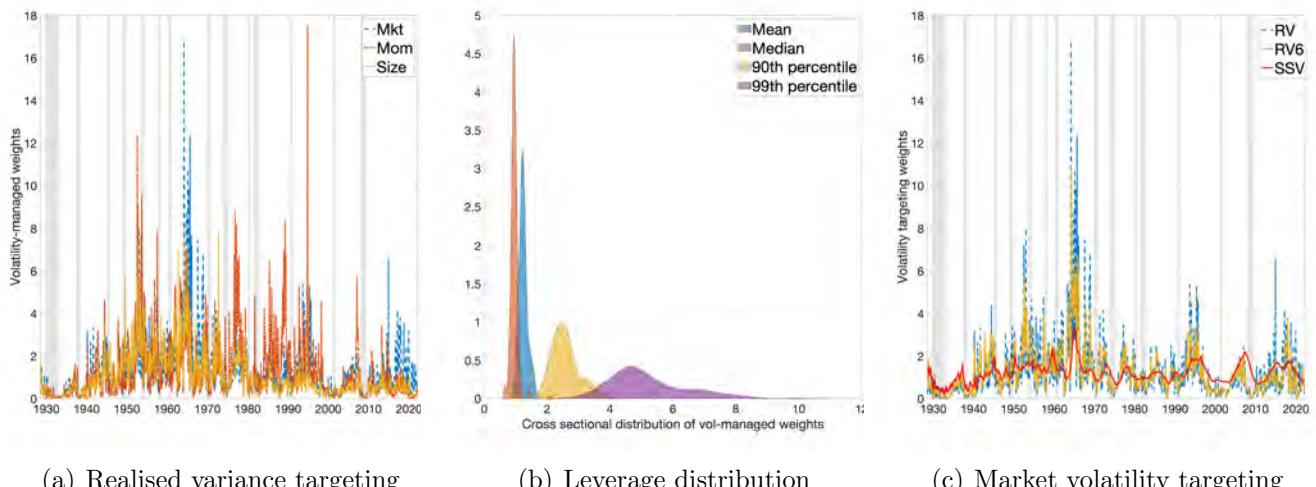


Figure 2: Shape of the posterior volatility estimates for different W .

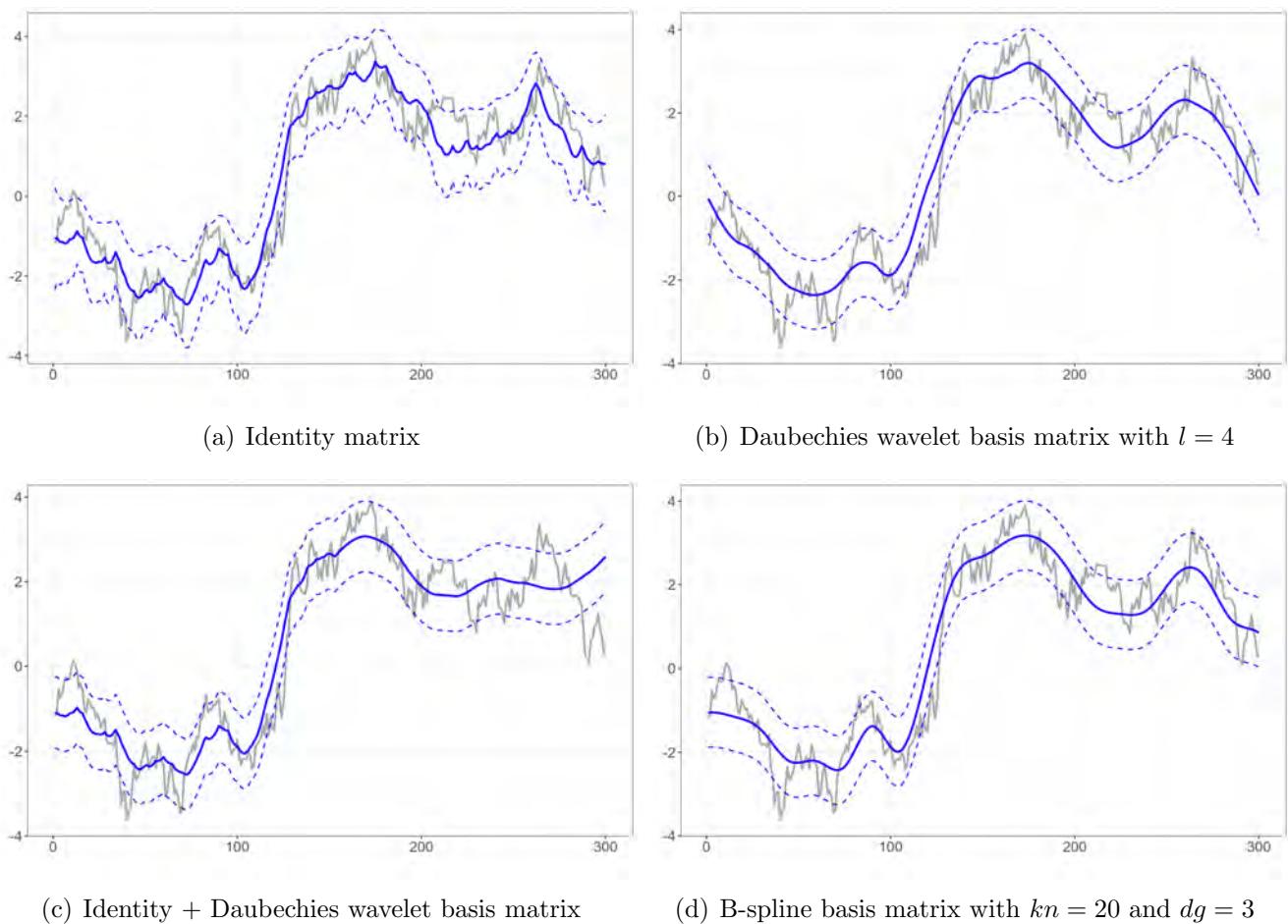
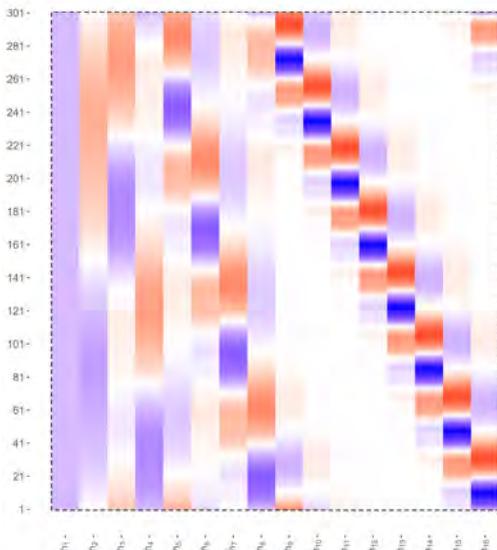
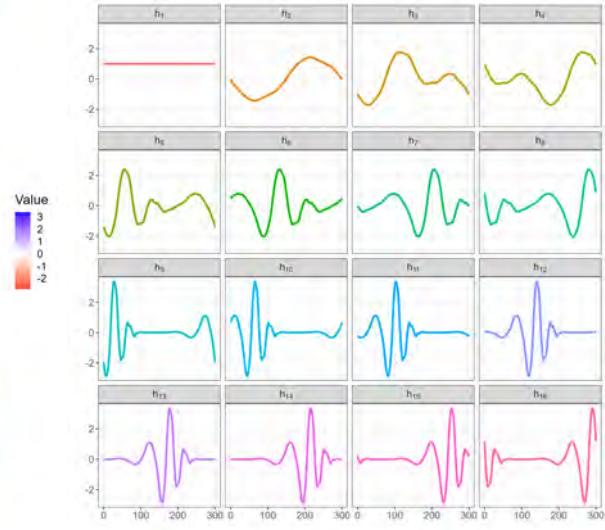


Figure 3: Modeling smoothing volatility forecasts

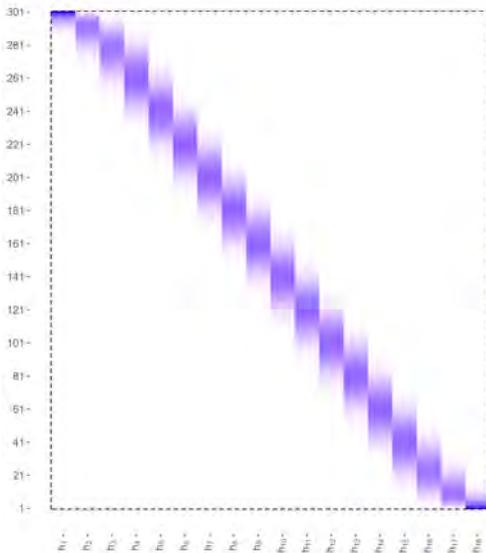
The form of \mathbf{W} in case of wavelet basis functions (top) and B-spline basis functions (bottom). Right panels correspond to columns of the matrix \mathbf{W} . The B-spline basis functions is a sequence of piecewise polynomial functions of a given degree, in this case $dg = 3$. The locations of the pieces are determined by the knots, here we assume $kn = 20$ equally spaced knots. The functions that compose the wavelet basis matrix \mathbf{W} are constructed over equally spaced grids on $[0, n]$ of length R , where R is called resolution and it is equal to 2^{l-1} , where l defines the level (and in our case the resulting smoothness). The number of functions at level l is then equal to R and they are defined as dilatation and/or shift of a *mother* function. In our case the level is $l = 5$ and therefore the resolution is $R = 16$.



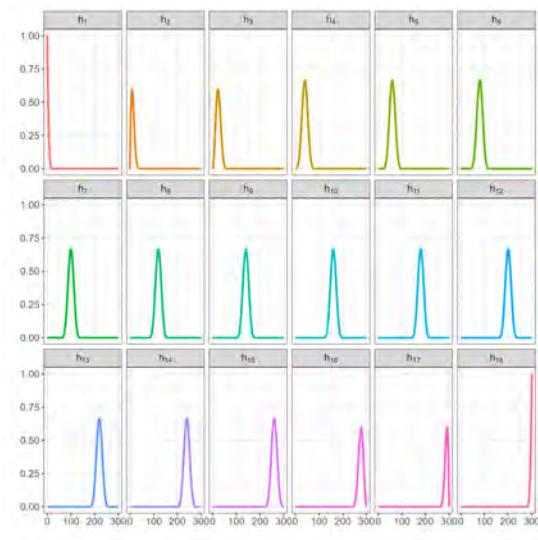
(a) Daubechies wavelet basis matrix



(b) Daubechies wavelet basis functions



(c) B-spline basis matrix with $kn = 20$ and $dg = 3$



(d) B-spline basis functions

Figure 4: Testing the significance of volatility-managed returns

The plot reports the distribution of the volatility-managed portfolio returns implied by the non-smooth SV (red area) and smooth SSV (blue area) stochastic volatility models. We report a snapshot of the returns distribution on a given month for the market portfolio. The realised volatility-managed returns from the unmanaged and the RV are highlighted each month as white and green circles, respectively. The distribution of the volatility-managed portfolios for the SV and SSV is generated based on the predictive density of the corresponding model specifications (see Section 2.1.2 for more details).

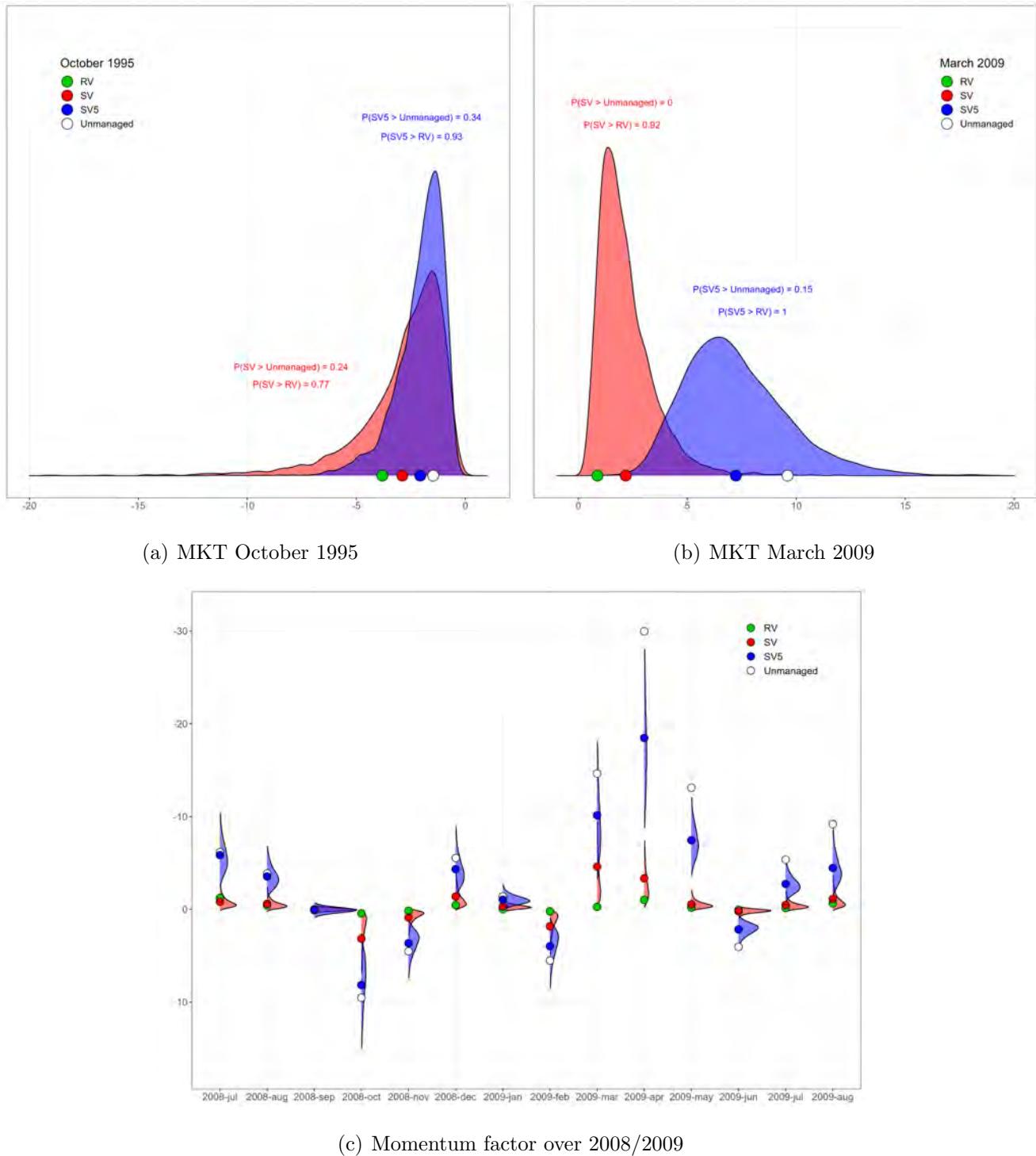


Figure 5: **Smoothing vs alternative volatility targeting for the full sample**

This figure reports the probability $p_i = p_i^+ - p_i^-$ (see Eq.19) for the cross section of 158 equity trading strategy investigated in the main empirical application. The left panel compares our SSV versus U and RV. The middle panel compares our SSV against two alternative smoothing volatility forecasts used in the literature, i.e., RV6 and RV AR. The right panel compares out SSV against two popular volatility forecasting methods, such as HAR and Garch.

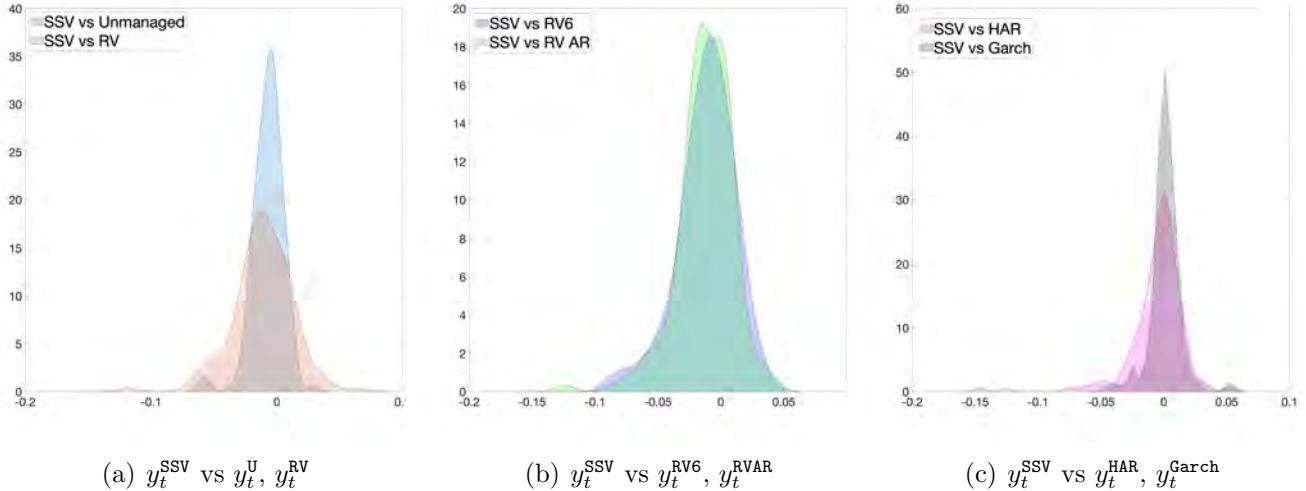


Figure 6: **Smoothing vs alternative volatility targeting over time**

This figure reports the probability $p_t = p_t^+ - p_t^-$ (see Eq.19) for the sample period under investigation. The left panel compares our SSV versus U and RV. The middle panel compares our SSV against two alternative smoothing volatility forecasts used in the literature, i.e., RV6 and RV AR. The right panel compares out SSV against two popular volatility forecasting methods, such as HAR and Garch.

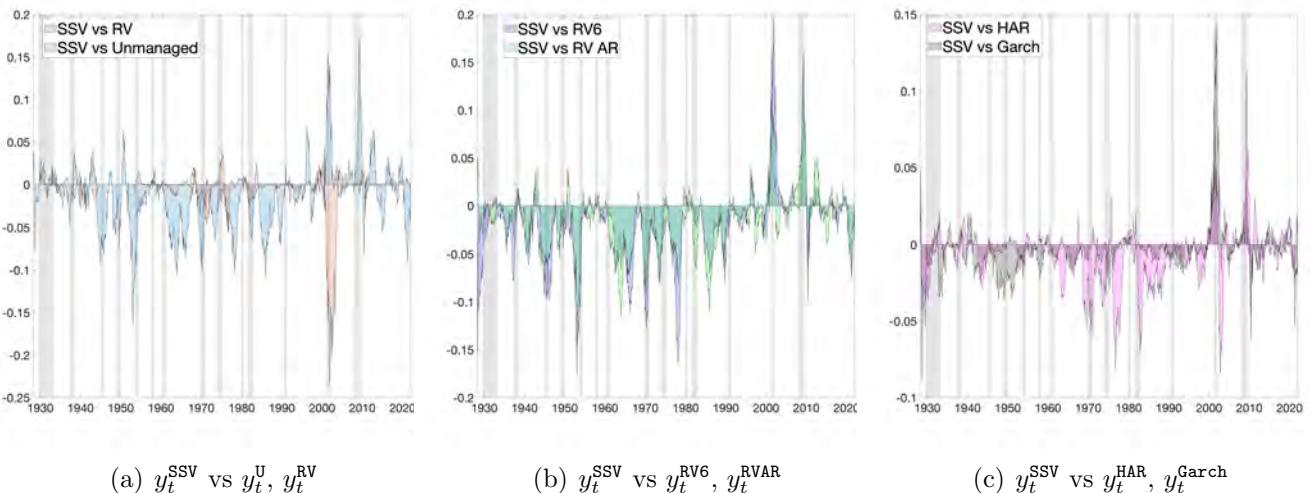


Figure 7: Accuracy of the latent volatility estimates

This figure reports the mean squared error and a measure of global estimation accuracy compared to the MCMC. The mean squared error is measured as $MSE = n^{-1} \sum_{t=1}^n (h_t - \hat{h}_t)^2$, where h_t and \hat{h} are the simulated log-variance and its estimate, respectively. The global estimation accuracy compared to the MCMC is calculated as in Eq.(20). In addition, the left panels report the computational time across methods. We report the simulation results for both $\rho = 0.98$ (top panels), and $\rho = 0.7$ (bottom panels).

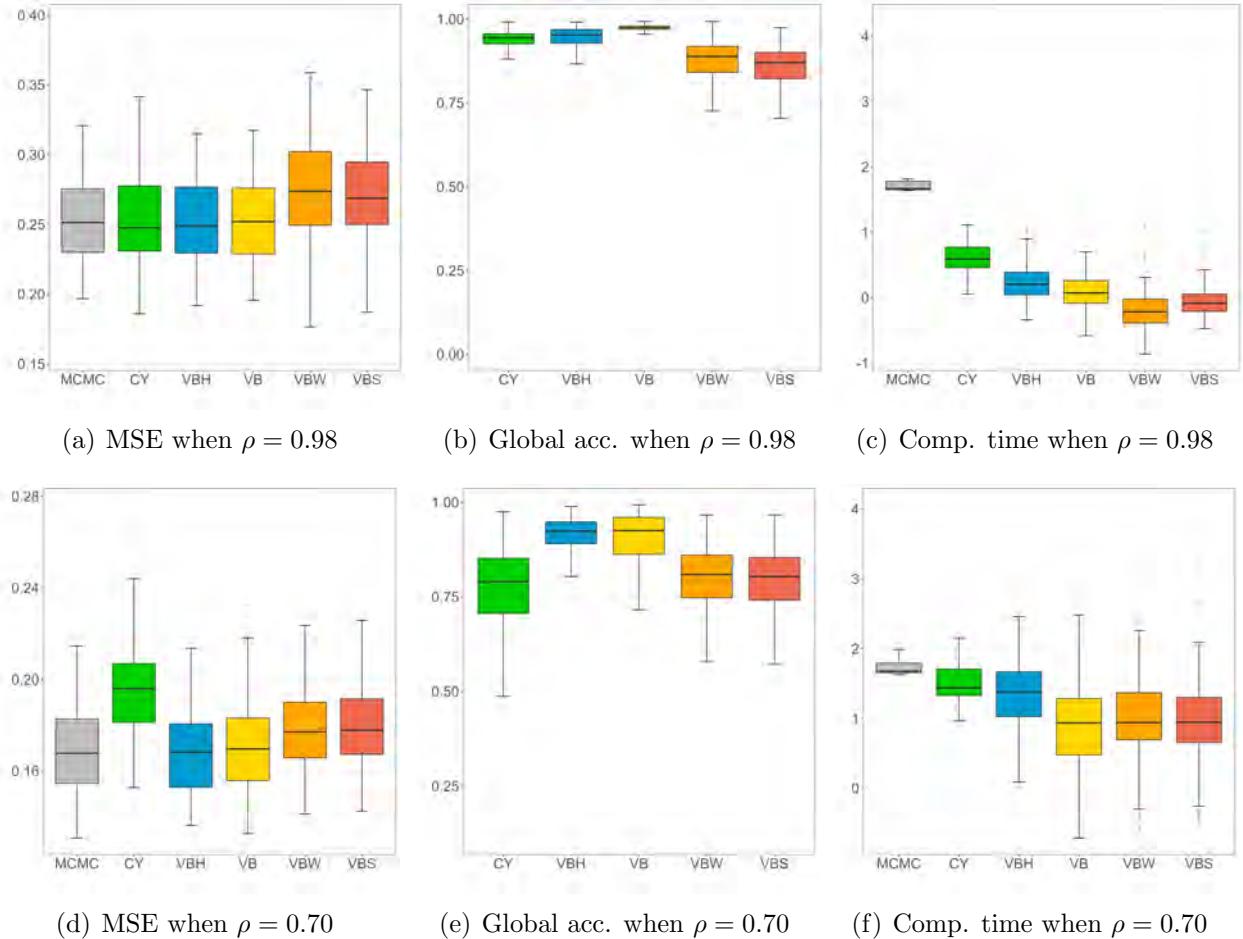


Figure 8: Estimates for the latent process parameters

This figure reports the posterior estimates of the parameters of interest for the stochastic volatility models across simulations, and for different inference methods. We report the simulation results for both $\rho = 0.98$ (top panels), and $\rho = 0.7$ (bottom panels). We compare our variational Bayes methods, with and without smoothing, against both a standard MCMC (see [Hosszejni and Kastner, 2021](#)), and a global approximation method as proposed by [Chan and Yu \(2022\)](#).

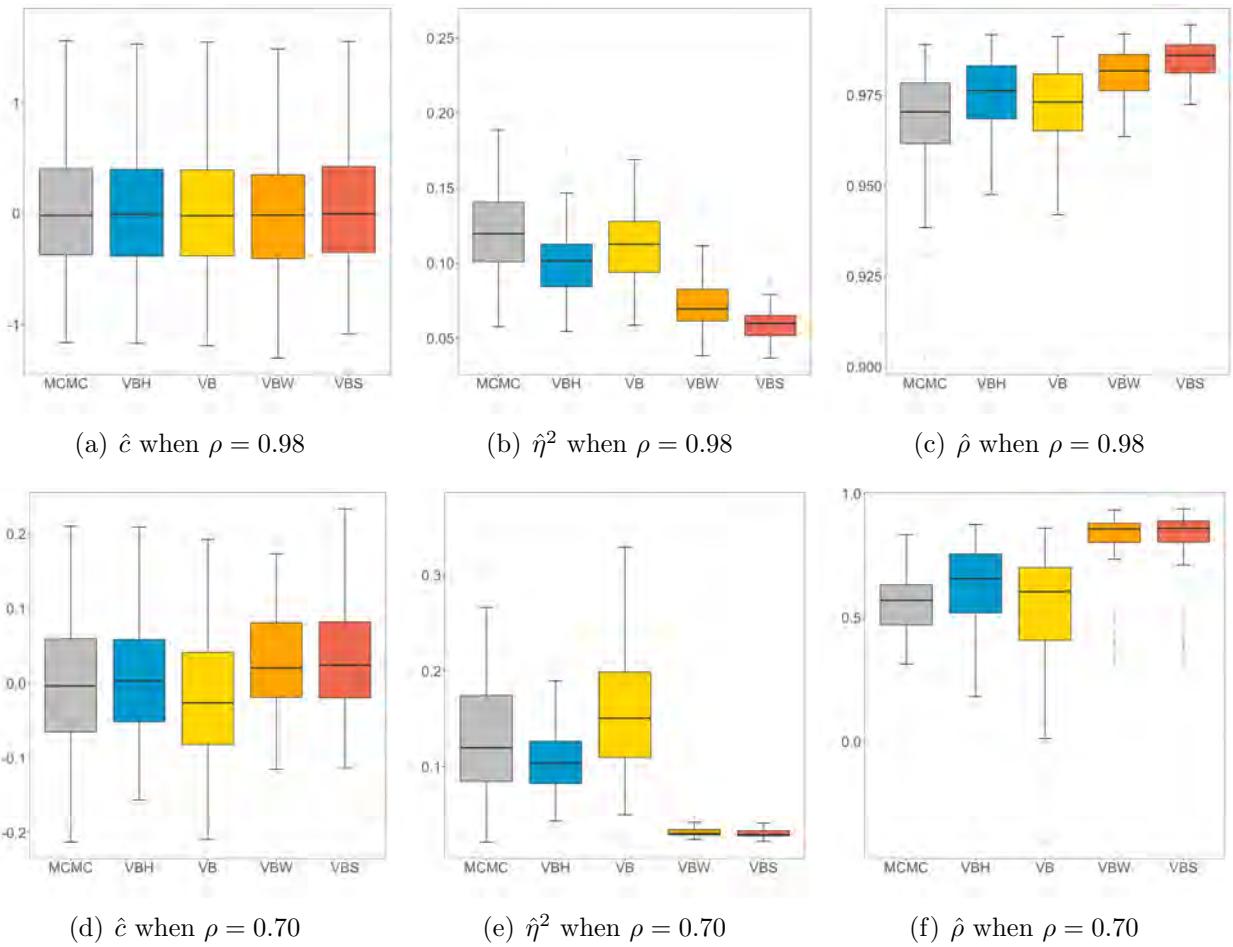
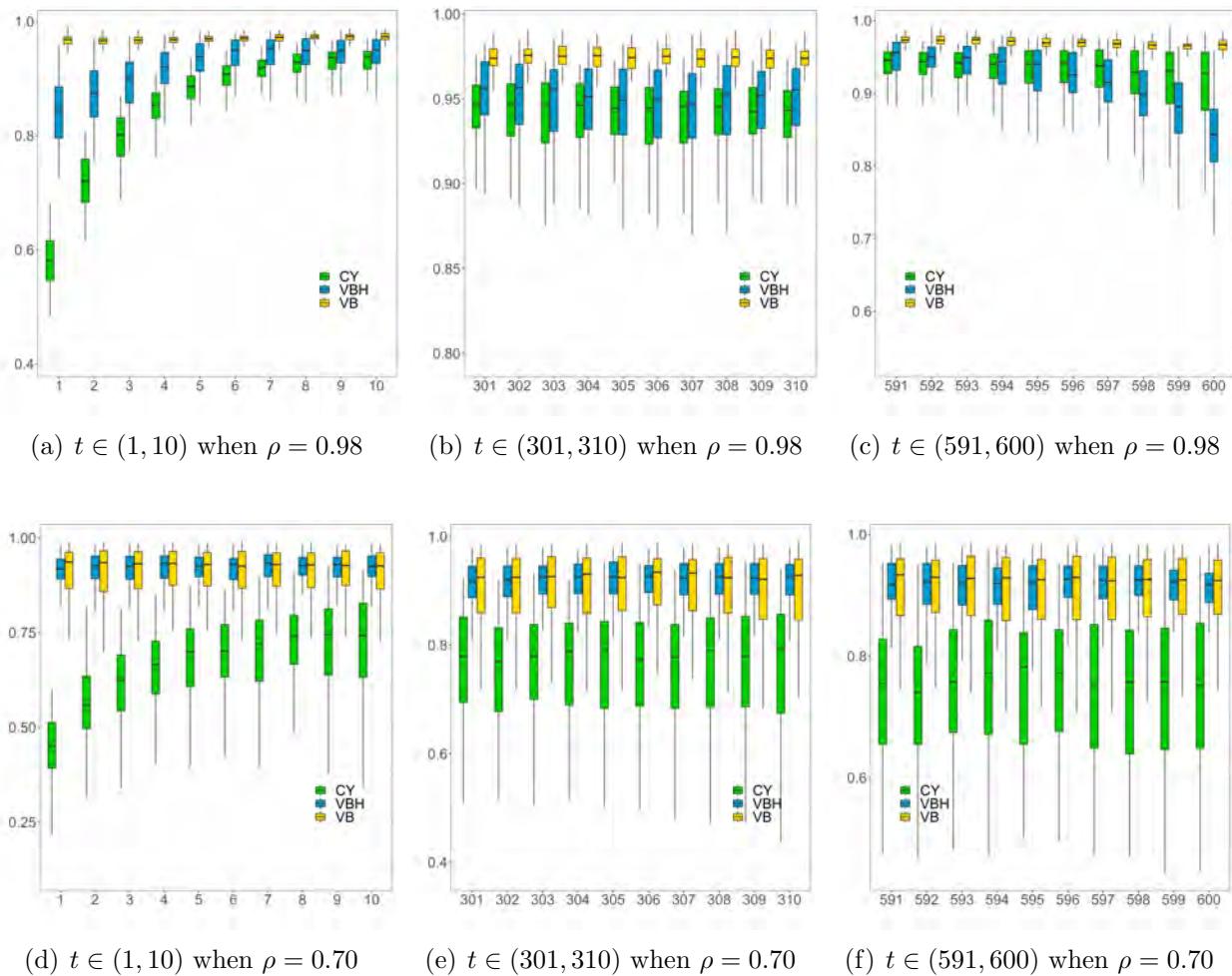


Figure 9: Accuracy of approximations compared to MCMC approach at each time.

This figure reports the accuracy of our variational Bayes inference method against the global approximation method proposed by [Chan and Yu \(2022\)](#). The top (bottom) panels report the global accuracy when $\rho = 0.98$ ($\rho = 0.7$). We report the estimation results for $t \in (1, 10)$ in the left panel, $t \in (301, 310)$ in the middle panel, and $t \in (591, 600)$ in the right panel. The accuracy is benchmarked against a standard MCMC method as in [Hosszejni and Kastner \(2021\)](#).



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Online appendix for:

Smoothing volatility targeting

This online appendix provides the complete derivation of the optimal variational density approximations for both the latent stochastic volatility state and the corresponding structural parameters.

A Derivation of the variational densities

A.1 Optimal density of the parameters

Remark 1. Assume a set of parameters $\{\vartheta_i\}_{i=1}^p$. The mean-field approach factorizes the joint variational distribution according to a partition $q(\boldsymbol{\vartheta}) = \prod_{j=1}^M q(\boldsymbol{\vartheta}_j)$, where, following [Wand and Ormerod \(2011\)](#), each component $q(\boldsymbol{\vartheta}_j)$ can be computed as

$$q(\boldsymbol{\vartheta}_j) \propto \exp \left\{ \mathbb{E}_{-\boldsymbol{\vartheta}_j} [\log p(\boldsymbol{\vartheta}, \mathbf{y})] \right\}, \quad (\text{A.1})$$

where $\mathbb{E}_{-\boldsymbol{\vartheta}_j}$ denotes the expectation with respect to the density $\prod_{k=1, k \neq j}^M q(\boldsymbol{\vartheta}_k)$ and $\log p(\boldsymbol{\vartheta} | \mathbf{y})$ is the joint distribution of parameters and the data. A valid alternative to (A.1) is given by:

$$q(\boldsymbol{\vartheta}_j) \propto \exp \left\{ \mathbb{E}_{-\boldsymbol{\vartheta}_j} [\log p(\boldsymbol{\vartheta}_j | \text{rest})] \right\}, \quad (\text{A.2})$$

where $p(\boldsymbol{\vartheta}_j | \text{rest})$ denotes the full conditional distribution of $\boldsymbol{\vartheta}_j$.

Proposition A.1. The optimal variational density for the regression parameter vector is $q(\boldsymbol{\beta}) \equiv \mathcal{N}_p(\boldsymbol{\mu}_{q(\boldsymbol{\beta})}, \boldsymbol{\Sigma}_{q(\boldsymbol{\beta})})$ where:

$$\boldsymbol{\Sigma}_{q(\boldsymbol{\beta})} = (\mathbf{X}^\top \mathbf{H}^{-1} \mathbf{X} + \boldsymbol{\Sigma}_\beta^{-1})^{-1} \quad \boldsymbol{\mu}_{q(\boldsymbol{\beta})} = \boldsymbol{\Sigma}_{q(\boldsymbol{\beta})} (\mathbf{X}^\top \mathbf{H}^{-1} \mathbf{y} + \boldsymbol{\Sigma}_\beta^{-1} \boldsymbol{\mu}_\beta), \quad (\text{A.3})$$

where $\mathbf{H}^{-1} = \text{Diag}(\mathbb{E}_h [e^{\mathbf{h}_1}])$ is a diagonal matrix with elements that depend on the optimal density for the latent log-volatilities.

Proof. The logarithm of the full conditional $(\boldsymbol{\beta}|\text{rest})$ is proportional to:

$$\begin{aligned}\log p(\boldsymbol{\beta}|\text{rest}) &\propto -\frac{1}{2} (\mathbf{y} - \mathbf{X}\boldsymbol{\beta})^\top \text{diag}(e^{\mathbf{h}_1}) (\mathbf{y} - \mathbf{X}\boldsymbol{\beta}) - \frac{1}{2} (\boldsymbol{\beta} - \boldsymbol{\mu}_\beta)^\top \boldsymbol{\Sigma}_\beta^{-1} (\boldsymbol{\beta} - \boldsymbol{\mu}_\beta) \\ &\propto -\frac{1}{2} (\boldsymbol{\beta}^\top \mathbf{X}^\top \text{diag}(e^{\mathbf{h}_1}) \mathbf{X}\boldsymbol{\beta} - 2\boldsymbol{\beta}^\top \mathbf{X}^\top \text{diag}(e^{\mathbf{h}_1}) \mathbf{y}) - \frac{1}{2} (\boldsymbol{\beta}^\top \boldsymbol{\Sigma}_\beta^{-1} \boldsymbol{\beta} - 2\boldsymbol{\beta}^\top \boldsymbol{\Sigma}_\beta^{-1} \boldsymbol{\mu}_\beta).\end{aligned}$$

Compute the optimal variational density as $\log q(\boldsymbol{\beta}) = \mathbb{E}_{-\boldsymbol{\beta}} [\log p(\boldsymbol{\beta}|\text{rest})]$:

$$\begin{aligned}\log q(\boldsymbol{\beta}) &\propto -\frac{1}{2} (\boldsymbol{\beta}^\top \mathbf{X}^\top \text{diag}(\mathbb{E}_h [e^{\mathbf{h}_1}]) \mathbf{X}\boldsymbol{\beta} - 2\boldsymbol{\beta}^\top \mathbf{X}^\top (\mathbb{E}_h [e^{\mathbf{h}_1}]) \mathbf{y}) \\ &\quad - \frac{1}{2} (\boldsymbol{\beta}^\top \boldsymbol{\Sigma}_\beta^{-1} \boldsymbol{\beta} - 2\boldsymbol{\beta}^\top \boldsymbol{\Sigma}_\beta^{-1} \boldsymbol{\mu}_\beta) \\ &= -\frac{1}{2} (\boldsymbol{\beta}^\top (\mathbf{X}^\top \mathbf{H}^{-1} \mathbf{X} + \boldsymbol{\Sigma}_\beta^{-1}) \boldsymbol{\beta} - 2\boldsymbol{\beta}^\top (\mathbf{X}^\top \mathbf{H}^{-1} \mathbf{y} + \boldsymbol{\Sigma}_\beta^{-1} \boldsymbol{\mu}_\beta)),\end{aligned}$$

where $\mathbf{H}^{-1} = \text{diag}(\mathbb{E}_h [e^{\mathbf{h}_1}])$. Take the exponential and end up with the kernel of a multivariate gaussian distribution with parameters as in (A.3). \square

Proposition A.2. *The optimal variational density for the unconditional mean of the log-volatility process is $q(c) \equiv \mathcal{N}(\mu_{q(c)}, \sigma_{q(c)}^2)$ where:*

$$\begin{aligned}\sigma_{q(c)}^2 &= (\mu_{q(1/\eta^2)} \boldsymbol{\iota}_{n+1}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} + 1/\sigma_c^2)^{-1} \\ \mu_{q(c)} &= \sigma_{q(c)}^2 (\mu_{q(1/\eta^2)} \boldsymbol{\iota}_{n+1}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\mu}_{q(\mathbf{h})} + \mu_c/\sigma_c^2).\end{aligned}\tag{A.4}$$

where

$$\boldsymbol{\mu}_{q(\mathbf{Q})} = \begin{bmatrix} 1 & -\mu_{q(\rho)} & \dots & 0 & 0 \\ -\mu_{q(\rho)} & 1 + \mu_{q(\rho^2)} & \dots & 0 & 0 \\ \vdots & \vdots & \ddots & \vdots & \vdots \\ 0 & 0 & \dots & 1 + \mu_{q(\rho^2)} & -\mu_{q(\rho)} \\ 0 & 0 & \dots & -\mu_{q(\rho)} & 1 \end{bmatrix}.$$

Proof. The logarithm of the full conditional $(c|\text{rest})$ is proportional to:

$$\begin{aligned}\log p(c|\text{rest}) &\propto -\frac{1}{2\eta^2} (\mathbf{h} - c\boldsymbol{\iota}_{n+1})^\top \mathbf{Q} (\mathbf{h} - c\boldsymbol{\iota}_{n+1}) - \frac{1}{2\sigma_c^2} (c - \mu_c)^2 \\ &\propto -\frac{1}{2\eta^2} (c^2 \boldsymbol{\iota}_{n+1}^\top \mathbf{Q} \boldsymbol{\iota}_{n+1} - 2c \boldsymbol{\iota}_{n+1}^\top \mathbf{Q} \mathbf{h}) - \frac{1}{2\sigma_c^2} (c^2 - 2c\mu_c).\end{aligned}$$

Compute the optimal variational density as $\log q(c) = \mathbb{E}_{-c} [\log p(c|\text{rest})]$:

$$\begin{aligned}\log q(c) &\propto -\frac{1}{2}\mathbb{E}_{\eta^2}[1/\eta^2](c^2\boldsymbol{\iota}_{n+1}^\top\mathbb{E}_\rho[\mathbf{Q}]\boldsymbol{\iota}_{n+1} - 2c\boldsymbol{\iota}_{n+1}^\top\mathbb{E}_\rho[\mathbf{Q}]\mathbb{E}_h[\mathbf{h}]) - \frac{1}{2\sigma_c^2}(c^2 - 2c\mu_c) \\ &= -\frac{1}{2}\mu_{q(1/\eta^2)}(c^2\boldsymbol{\iota}_{n+1}^\top\boldsymbol{\mu}_{q(\mathbf{Q})}\boldsymbol{\iota}_{n+1} - 2c\boldsymbol{\iota}_{n+1}^\top\boldsymbol{\mu}_{q(\mathbf{Q})}\boldsymbol{\mu}_{q(h)}) - \frac{1}{2\sigma_c^2}(c^2 - 2c\mu_c) \\ &= -\frac{1}{2}(c^2(\mu_{q(1/\eta^2)}\boldsymbol{\iota}_{n+1}^\top\boldsymbol{\mu}_{q(\mathbf{Q})}\boldsymbol{\iota}_{n+1} + 1/\sigma_c^2) - 2c(\boldsymbol{\iota}_{n+1}^\top\boldsymbol{\mu}_{q(\mathbf{Q})}\boldsymbol{\mu}_{q(h)} + \mu_c/\sigma_c^2)),\end{aligned}$$

where $\boldsymbol{\mu}_{q(\mathbf{Q})}$ denotes the element-wise expectation of the matrix \mathbf{Q} . Take the exponential and end up with the kernel of an univariate gaussian distribution with parameters as in (A.4). \square

Proposition A.3. *The optimal variational density for the autoregressive parameter has the following form:*

$$\log q(\rho) \propto \frac{1}{2}\log(1-\rho^2) - \frac{1}{2}\mu_{q(1/\eta^2)}\left(\rho^2\sum_{t=1}^{n-1}a_t - 2\rho\sum_{t=0}^{n-1}b_t\right), \quad \rho \in (-1, 1) \quad (\text{A.5})$$

with

$$a_t = \mathbb{E}_q[(h_t - c)^2] = (\mu_{q(h_t)} - \mu_{q(c)})^2 + \sigma_{q(h_t)}^2 + \sigma_{q(c)}^2 \quad (\text{A.6})$$

$$b_t = \mathbb{E}_q[(h_t - c)(h_{t+1} - c)] = (\mu_{q(h_t)} - \mu_{q(c)})(\mu_{q(h_{t+1})} - \mu_{q(c)}) + \sigma_{q(h_t, h_{t+1})} + \sigma_{q(c)}^2, \quad (\text{A.7})$$

where $\sigma_{q(h_t, h_{t+1})}$ denotes the covariance between h_t and h_{t+1} under the approximating density q . Notice that $\log q(\rho)$ can be written as:

$$\log q(\rho) \propto \frac{1}{2}\log(1-\rho^2) - \frac{1}{2}\mu_{q(1/\eta^2)}\left(\sum_{t=1}^{n-1}a_t\right)\left(\rho^2 - \frac{\sum_{t=0}^{n-1}b_t}{\sum_{t=1}^{n-1}a_t}\right)^2, \quad \rho \in (-1, 1) \quad (\text{A.8})$$

thus the normalizing constant and the first two moments can be found by Monte Carlo methods by sampling from an univariate gaussian distribution with mean $\frac{\sum_{t=0}^{n-1}b_t}{\sum_{t=1}^{n-1}a_t}$ and precision $\mu_{q(1/\eta^2)}(\sum_{t=1}^{n-1}a_t)$.

Proof. The logarithm of the full conditional $(\rho|\text{rest})$ is proportional to:

$$\begin{aligned}\log p(\rho|\text{rest}) &\propto \frac{1}{2}\log|\mathbf{Q}| - \frac{1}{2\eta^2}(\mathbf{h} - c\boldsymbol{\iota}_{n+1})^\top\mathbf{Q}(\mathbf{h} - c\boldsymbol{\iota}_{n+1}) \\ &\propto \frac{1}{2}\log(1-\rho^2) - \frac{1}{2\eta^2}\left(\rho^2\sum_{t=1}^{n-1}(h_t - c)^2 - 2\rho\sum_{t=0}^{n-1}(h_t - c)(h_{t+1} - c)\right),\end{aligned}$$

for $\rho \in (-1, 1)$. Compute the optimal variational density as $\log q(\rho) = \mathbb{E}_{-\rho} [\log p(\rho|\text{rest})]$:

$$\begin{aligned}\log q(\rho) &\propto \frac{1}{2} \log(1 - \rho^2) - \frac{1}{2} \mathbb{E}_q [1/\eta^2] \left(\rho^2 \sum_{t=1}^{n-1} \mathbb{E}_q [(h_t - c)^2] - 2\rho \sum_{t=0}^{n-1} \mathbb{E}_q [(h_t - c)(h_{t+1} - c)] \right) \\ &= \frac{1}{2} \log(1 - \rho^2) - \frac{1}{2} \mu_{q(1/\eta^2)} \left(\rho^2 \sum_{t=1}^{n-1} a_t - 2\rho \sum_{t=0}^{n-1} b_t \right), \quad \rho \in (-1, 1),\end{aligned}$$

where a_t and b_t are as in (A.6). Take the exponential and obtain:

$$q(\rho) \propto \sqrt{1 - \rho^2} \mathbb{I}_{\rho \in (-1, 1)} \phi \left(\rho; \frac{\sum_{t=0}^{n-1} b_t}{\sum_{t=1}^{n-1} a_t}, \frac{1}{\mu_{q(1/\eta^2)} \sum_{t=1}^{n-1} a_t} \right),$$

where $\phi(x; m, s^2)$ denotes the density function of an univariate gaussian distribution with mean m and variance s^2 . \square

Proposition A.4. *The optimal variational density for the variance parameter is an Inverse-Gamma distribution $q(\eta^2) \equiv \text{IG}(A_{q(\eta^2)}, B_{q(\eta^2)})$, where:*

$$\begin{aligned}A_{q(\eta^2)} &= A + \frac{n+1}{2} \\ B_{q(\eta^2)} &= B + \frac{1}{2} (\boldsymbol{\mu}_{q(\mathbf{h})} - \mu_{q(c)} \boldsymbol{\iota}_{n+1})^\top \boldsymbol{\mu}_{q(\mathbf{Q})} (\boldsymbol{\mu}_{q(\mathbf{h})} - \mu_{q(c)} \boldsymbol{\iota}_{n+1}) \\ &\quad + \frac{1}{2} (\text{tr} \{ \boldsymbol{\Sigma}_{q(\mathbf{h})} \boldsymbol{\mu}_{q(\mathbf{Q})} \} + \sigma_{q(c)}^2 \boldsymbol{\iota}_{n+1}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1}),\end{aligned}\tag{A.9}$$

and recall that $\mu_{q(1/\eta^2)} = A_{q(\eta^2)}/B_{q(\eta^2)}$.

Proof. The logarithm of the full conditional $(\eta^2|\text{rest})$ is proportional to:

$$\begin{aligned}\log p(\eta^2|\text{rest}) &\propto -\frac{n+1}{2} \log \eta^2 - \frac{1}{2\eta^2} (\mathbf{h} - c\boldsymbol{\iota}_{n+1})^\top \mathbf{Q} (\mathbf{h} - c\boldsymbol{\iota}_{n+1}) - (A+1) \log \eta^2 - B/\eta^2 \\ &\propto -\left(A + \frac{n+1}{2} + 1 \right) \log \eta^2 - \frac{1}{\eta^2} \left(B + \frac{1}{2} (\mathbf{h} - c\boldsymbol{\iota}_{n+1})^\top \mathbf{Q} (\mathbf{h} - c\boldsymbol{\iota}_{n+1}) \right).\end{aligned}$$

Compute the optimal variational density as $\log q(\eta^2) = \mathbb{E}_{-\eta^2} [\log p(\eta^2|\text{rest})]$:

$$\log q(\eta^2) \propto -\left(A + \frac{n+1}{2} + 1 \right) \log \eta^2 - \frac{1}{\eta^2} \left(B + \frac{1}{2} \mathbb{E}_{c, \rho, h} [(\mathbf{h} - c\boldsymbol{\iota}_{n+1})^\top \mathbf{Q} (\mathbf{h} - c\boldsymbol{\iota}_{n+1})] \right),$$

where

$$\begin{aligned}
\mathbb{E}_{c,\rho,h} [(\mathbf{h} - c\boldsymbol{\iota}_{n+1})^\top \mathbf{Q}(\mathbf{h} - c\boldsymbol{\iota}_{n+1})] &= \mathbb{E}_{c,\rho,h} [\mathbf{h}^\top \mathbf{Q}\mathbf{h} - 2c\mathbf{h}^\top \mathbf{Q}\boldsymbol{\iota}_{n+1} + c^2\boldsymbol{\iota}_{n+1}^\top \mathbf{Q}\boldsymbol{\iota}_{n+1}] \\
&= \mathbb{E}_h [\mathbf{h}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \mathbf{h}] + \mathbb{E}_c [c^2] \boldsymbol{\iota}_{n+1}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} \\
&\quad - 2\mu_{q(c)} \boldsymbol{\mu}_{q(h)}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} \\
&= \text{tr} \{ \mathbb{E}_h [\mathbf{h}\mathbf{h}^\top] \boldsymbol{\mu}_{q(\mathbf{Q})} \} + (\mu_{q(c)}^2 + \sigma_{q(c)}^2) \boldsymbol{\iota}_{n+1}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} \\
&\quad - 2\mu_{q(c)} \boldsymbol{\mu}_{q(h)}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} \\
&= \text{tr} \left\{ \left(\boldsymbol{\mu}_{q(h)} \boldsymbol{\mu}_{q(h)}^\top + \boldsymbol{\Sigma}_{q(h)} \right) \boldsymbol{\mu}_{q(\mathbf{Q})} \right\} \\
&\quad + (\mu_{q(c)}^2 + \sigma_{q(c)}^2) \boldsymbol{\iota}_{n+1}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} \\
&\quad - 2\mu_{q(c)} \boldsymbol{\mu}_{q(h)}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} \\
&= \boldsymbol{\mu}_{q(h)}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\mu}_{q(h)} + \mu_{q(c)}^2 \boldsymbol{\iota}_{n+1}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} \\
&\quad - 2\mu_{q(c)} \boldsymbol{\mu}_{q(h)}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} \\
&\quad + \text{tr} \{ \boldsymbol{\Sigma}_{q(h)} \boldsymbol{\mu}_{q(\mathbf{Q})} \} + \sigma_{q(c)}^2 \boldsymbol{\iota}_{n+1}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1} \\
&= (\boldsymbol{\mu}_{q(h)} - \mu_{q(c)} \boldsymbol{\iota}_{n+1})^\top \boldsymbol{\mu}_{q(\mathbf{Q})} (\boldsymbol{\mu}_{q(h)} - \mu_{q(c)} \boldsymbol{\iota}_{n+1}) \\
&\quad + \text{tr} \{ \boldsymbol{\Sigma}_{q(h)} \boldsymbol{\mu}_{q(\mathbf{Q})} \} + \sigma_{q(c)}^2 \boldsymbol{\iota}_{n+1}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} \boldsymbol{\iota}_{n+1}.
\end{aligned}$$

Take the exponential and end up with the kernel of an inverse gamma distribution with parameters as in (A.9). \square

A.2 Homoscedastic log-volatility approximation

First of all, the joint distribution of the latent states and the observations, given the set of covariates is given by:

$$\begin{aligned}
\log p(\mathbf{h}, \mathbf{y} | \mathbf{X}) &\propto \log p(\mathbf{y} | \mathbf{h}_1, \mathbf{X}) + \log p(\mathbf{h}) \\
&= -\frac{1}{2} \boldsymbol{\iota}_n^\top \mathbf{h}_1 - \frac{1}{2} \mathbf{s}^\top e^{-\mathbf{h}_1} - \frac{1}{2\eta^2} (\mathbf{h} - c\boldsymbol{\iota}_{n+1})^\top \mathbf{Q}(\mathbf{h} - c\boldsymbol{\iota}_{n+1}),
\end{aligned} \tag{A.10}$$

where $\mathbf{s} = (s_1, \dots, s_n)^\top$ with $s_t = (y_t - \mathbf{x}_t^\top \boldsymbol{\beta})^2$, $\mathbf{h}_1 = (h_1, \dots, h_n)^\top$ and $e^{\mathbf{h}_1} = (e^{h_1}, \dots, e^{h_n})^\top$. Let the homoscedastic approximation be defined as $\mathbf{h} \sim \mathcal{N}_{n+1}(\mathbf{W}\mathbf{f}, \tau^2 \boldsymbol{\Gamma}^{-1})$ where $\boldsymbol{\mu}_{q(h)} = \mathbf{W}\mathbf{f}$ is the mean vector and $\boldsymbol{\Sigma}_{q(h)} = \tau^2 \boldsymbol{\Gamma}^{-1}$ is the variance-covariance matrix. More precisely, $\boldsymbol{\Gamma}$ is a tridiagonal precision matrix with diagonal elements $\Gamma_{1,1} = \Gamma_{n+1,n+1} = 1$ and $\Gamma_{i,i} = 1 + \gamma^2$ for $i = 2, \dots, n$, and off-diagonal elements $\Gamma_{i,j} = -\gamma$ if $|i - j| = 1$ and 0 elsewhere (see Rue and Held, 2005). Under this setting, the density function of the approximate distribution is given by:

$$\log \phi(\mathbf{h} | \mathbf{W}\mathbf{f}, \tau^2 \boldsymbol{\Gamma}^{-1}) \propto -\frac{n+1}{2} \log(\tau^2) - \frac{n}{2} \log(1 - \gamma^2) - \frac{1}{2\tau^2} (\mathbf{h} - \mathbf{W}\mathbf{f})^\top \boldsymbol{\Gamma} (\mathbf{h} - \mathbf{W}\mathbf{f}). \tag{A.11}$$

Define the variational lower bound (ELBO) as:

$$\begin{aligned}
\psi(\mathbf{f}, \tau^2, \gamma) &= \mathbb{E}_q(\log p(\mathbf{h}, \mathbf{y})) - \mathbb{E}_q(\log q(\mathbf{h})) \\
&\propto -\frac{1}{2}\boldsymbol{\iota}_n^\top \mathbf{W}_1 \mathbf{f} - \frac{1}{2}\boldsymbol{\mu}_{q(\mathbf{s})}^\top e^{-\mathbf{W}_1 \mathbf{f} + \frac{1}{2}\tau^2 \boldsymbol{\iota}_n} \\
&\quad - \frac{1}{2}\mu_{q(1/\eta^2)}(\mathbf{W}\mathbf{f} - \mu_{q(c)}\boldsymbol{\iota}_{n+1})^\top \boldsymbol{\mu}_{q(\mathbf{Q})}(\mathbf{W}\mathbf{f} - \mu_{q(c)}\boldsymbol{\iota}_{n+1}) \\
&\quad - \frac{1}{2}\mu_{q(1/\eta^2)}\tau^2 \text{tr}(\boldsymbol{\Gamma}^{-1}\boldsymbol{\mu}_{q(\mathbf{Q})}) \\
&\quad + \frac{n+1}{2}\log(\tau^2) + \frac{n}{2}\log(1-\gamma^2),
\end{aligned} \tag{A.12}$$

where $\boldsymbol{\mu}_{q(\mathbf{s})} = (\mu_{q(s_1)}, \dots, \mu_{q(s_n)})^\top$ with $\mu_{q(s_t)} = (y_t - \mathbf{x}_t^\top \boldsymbol{\mu}_{q(\beta)})^2 + \text{tr}\{\boldsymbol{\Sigma}_{q(\beta)} \mathbf{x}_t \mathbf{x}_t^\top\}$, and $\mathbf{W}_1 \in \mathbb{R}^{n \times k}$ denotes the matrix obtained by deleting the first row of \mathbf{W} . Moreover

$$\text{tr}(\boldsymbol{\Gamma}^{-1}\boldsymbol{\mu}_{q(\mathbf{Q})}) = 2 + (1 + \mu_{q(\rho^2)})(n-1) - 2n\gamma\mu_{q(\rho)}.$$

Let $\boldsymbol{\xi} = (\mathbf{f}, \tau^2, \gamma)$ be the collection of the optimal parameters, the optimization we have to solve is equal to $\widehat{\boldsymbol{\xi}} = \arg \max_{\boldsymbol{\xi}} \psi(\mathbf{f}, \tau^2, \gamma)$, where the objective function $\psi(\mathbf{f}, \tau^2, \gamma)$ has gradient equal to

$$\nabla_{\boldsymbol{\xi}} \psi(\mathbf{f}, \tau^2, \gamma) = \begin{bmatrix} \nabla_{\mathbf{f}} \psi(\mathbf{f}, \tau^2, \gamma) \\ \nabla_{\tau^2} \psi(\mathbf{f}, \tau^2, \gamma) \\ \nabla_{\gamma} \psi(\mathbf{f}, \tau^2, \gamma) \end{bmatrix},$$

where

$$\begin{aligned}
\nabla_{\mathbf{f}} \psi(\mathbf{f}, \tau^2, \gamma) &= -\frac{1}{2}\mathbf{W}^\top [0, \boldsymbol{\iota}_n^\top]^\top + \frac{1}{2}\mathbf{W}^\top \left([0, \boldsymbol{\mu}_{q(\mathbf{s})}^\top]^\top \odot e^{-\mathbf{W}\mathbf{f} + \frac{1}{2}\tau^2 \boldsymbol{\iota}_n} \right) \\
&\quad - \mu_{q(1/\eta^2)} \mathbf{W}^\top \boldsymbol{\mu}_{q(\mathbf{Q})} (\mathbf{W}\mathbf{f} - \mu_{q(c)}\boldsymbol{\iota}_{n+1}),
\end{aligned} \tag{A.13}$$

$$\begin{aligned}
\nabla_{\tau^2} \psi(\mathbf{f}, \tau^2, \gamma) &= -\frac{1}{4}(\boldsymbol{\mu}_{q(\mathbf{s})} \odot \boldsymbol{\iota}_n)^\top e^{-\mathbf{W}_1 \mathbf{f} + \frac{1}{2}\tau^2 \boldsymbol{\iota}_n} \\
&\quad - \frac{1}{2}\mu_{q(1/\eta^2)}(2 + (1 + \mu_{q(\rho^2)})(n-1) - 2n\gamma\mu_{q(\rho)}) + \frac{n+1}{2\tau^2},
\end{aligned} \tag{A.14}$$

$$\nabla_{\gamma} \psi(\mathbf{f}, \tau^2, \gamma) = n\tau^2\mu_{q(1/\eta^2)}\mu_{q(\rho)} - \frac{n\gamma}{1-\gamma^2}, \tag{A.15}$$

and Hessian equal to:

$$\mathcal{H}_{\boldsymbol{\xi}} = \begin{bmatrix} \nabla_{\mathbf{f}, \mathbf{f}}^2 \psi(\mathbf{f}, \tau^2, \gamma) & \nabla_{\mathbf{f}, \tau^2}^2 \psi(\mathbf{f}, \tau^2, \gamma) & \nabla_{\mathbf{f}, \gamma}^2 \psi(\mathbf{f}, \tau^2, \gamma) \\ \nabla_{\mathbf{f}, \tau^2}^2 \psi(\mathbf{f}, \tau^2, \gamma) & \nabla_{\tau^2, \tau^2}^2 \psi(\mathbf{f}, \tau^2, \gamma) & \nabla_{\tau^2, \gamma}^2 \psi(\mathbf{f}, \tau^2, \gamma) \\ \nabla_{\mathbf{f}, \gamma}^2 \psi(\mathbf{f}, \tau^2, \gamma) & \nabla_{\tau^2, \gamma}^2 \psi(\mathbf{f}, \tau^2, \gamma) & \nabla_{\gamma, \gamma}^2 \psi(\mathbf{f}, \tau^2, \gamma) \end{bmatrix},$$

with

$$\nabla_{\mathbf{f}, \mathbf{f}}^2 \psi(\mathbf{f}, \tau^2, \gamma) = -\frac{1}{2} \mathbf{W}^\top \left\{ \text{Diag} \left[[0, \boldsymbol{\mu}_{q(\mathbf{s})}^\top]^\top \odot e^{-\mathbf{W}\mathbf{f} + \frac{1}{2}\tau^2 \boldsymbol{\iota}_{n+1}} \right] + \mu_{q(1/\eta^2)} \boldsymbol{\mu}_{q(\mathbf{Q})} \right\} \mathbf{W} \quad (\text{A.16})$$

$$\nabla_{\tau^2, \tau^2}^2 \psi(\mathbf{f}, \tau^2, \gamma) = -\frac{1}{8} (\boldsymbol{\mu}_{q(\mathbf{s})} \odot \boldsymbol{\iota}_n)^\top e^{-\mathbf{W}\mathbf{f} + \frac{1}{2}\tau^2 \boldsymbol{\iota}_n} - \frac{n+1}{2\tau^4} \quad (\text{A.17})$$

$$\nabla_{\gamma, \gamma}^2 \psi(\mathbf{f}, \tau^2, \gamma) = -\frac{n(1+\gamma^2)}{(1-\gamma^2)^2} \quad (\text{A.18})$$

$$\nabla_{\mathbf{f}, \tau^2}^2 \psi(\mathbf{f}, \tau^2, \gamma) = \frac{1}{4} \mathbf{W}^\top ([0, \boldsymbol{\mu}_{q(\mathbf{s})}^\top]^\top \odot e^{-\mathbf{W}\mathbf{f} + \frac{1}{2}\tau^2 \boldsymbol{\iota}_{n+1}}) \quad (\text{A.19})$$

$$\nabla_{\mathbf{f}, \gamma}^2 \psi(\mathbf{f}, \tau^2, \gamma) = \mathbf{0}_k \quad (\text{A.20})$$

$$\nabla_{\tau^2, \gamma}^2 \psi(\mathbf{f}, \tau^2, \gamma) = n \mu_{q(\rho)} \mu_{q(1/\eta^2)} \quad (\text{A.21})$$

where $\mathbf{a} = \text{diag}(\mathbf{A})$ denotes the operator that returns the vector $\mathbf{a} \in \mathbb{R}^n$ of elements belonging to the main diagonal of the square matrix $\mathbf{A} \in \mathbb{R}^{n \times n}$, while $\mathbf{A} = \text{Diag}(\mathbf{a})$ denotes the operator that returns a diagonal square matrix $\mathbf{A} \in \mathbb{S}_+^n$ whose entries consist of the corresponding elements of the vector $\mathbf{a} \in \mathbb{R}^n$.

A.3 Heteroscedastic log-volatility approximation

Let the heteroschedastic approximation be defined as $\mathbf{h} \sim \mathcal{N}_{n+1}(\mathbf{W}\mathbf{f}_{q(h)}, \boldsymbol{\Sigma}_{q(h)})$ where the mean vector is $\boldsymbol{\mu}_{q(h)} = \mathbf{W}\mathbf{f}_{q(h)}$. To find the optimal parameters of the approximating density $(\mathbf{f}_{q(h)}, \boldsymbol{\Sigma}_{q(h)})$, we have to solve the following optimization problem:

$$\hat{\boldsymbol{\xi}} = \arg \max_{\boldsymbol{\xi}} \psi(\mathbf{f}_{q(h)}, \boldsymbol{\Sigma}_{q(h)}), \quad (\text{A.22})$$

where $\psi(\mathbf{f}_{q(h)}, \boldsymbol{\Sigma}_{q(h)}) = \mathbb{E}_q(\log p(\mathbf{h}, \mathbf{y})) - \mathbb{E}_q(\log q(\mathbf{h}))$ is called variational lower bound (ELBO). To this aim, we can exploit a result provided by [Rohde and Wand \(2016\)](#) valid when the approximating density is a multivariate gaussian distribution. The latter states a closed-form update scheme for the variational parameters:

$$\boldsymbol{\Sigma}^{new} = \left[\nabla_{\boldsymbol{\mu}, \boldsymbol{\mu}}^2 S(\boldsymbol{\mu}^{old}, \boldsymbol{\Sigma}^{old}) \right]^{-1} \quad (\text{A.23})$$

$$\boldsymbol{\mu}^{new} = \boldsymbol{\mu}^{old} + \boldsymbol{\Sigma}^{new} \nabla_{\boldsymbol{\mu}} S(\boldsymbol{\mu}^{old}, \boldsymbol{\Sigma}^{old}), \quad (\text{A.24})$$

where $\nabla_{\boldsymbol{\mu}} S(\boldsymbol{\mu}^{old}, \boldsymbol{\Sigma}^{old})$ and $\nabla_{\boldsymbol{\mu}, \boldsymbol{\mu}}^2 S(\boldsymbol{\mu}^{old}, \boldsymbol{\Sigma}^{old})$ denote the first and second derivative of $S(\boldsymbol{\mu}, \boldsymbol{\Sigma})$ with respect to $\boldsymbol{\mu}$ and evaluated at $(\boldsymbol{\mu}^{old}, \boldsymbol{\Sigma}^{old})$. The function S is the so called *non-entropy*

function which is given by $\mathbb{E}_q(\log p(\mathbf{h}, \mathbf{y}))$. In our scenario, we have that

$$\begin{aligned} S(\boldsymbol{\mu}_{q(h)}, \boldsymbol{\Sigma}_{q(h)}) &= -\frac{1}{2}[0, \boldsymbol{\iota}_n^\top] \boldsymbol{\mu}_{q(h)} - \frac{1}{2}[0, \boldsymbol{\mu}_{q(s)}^\top] e^{-\boldsymbol{\mu}_{q(h)} + \frac{1}{2}\boldsymbol{\sigma}_{q(h)}^2} - \frac{1}{2}\mu_{q(1/\eta^2)} \text{tr}(\boldsymbol{\Sigma}_{q(h)} \boldsymbol{\mu}_{q(\mathbf{Q})}) \\ &\quad - \frac{1}{2}\mu_{q(1/\eta^2)}(\boldsymbol{\mu}_{q(h)} - \mu_{q(c)}\boldsymbol{\iota}_{n+1})^\top \boldsymbol{\mu}_{q(\mathbf{Q})}(\boldsymbol{\mu}_{q(h)} - \mu_{q(c)}\boldsymbol{\iota}_{n+1}), \end{aligned} \quad (\text{A.25})$$

where $\boldsymbol{\sigma}_{q(h)}^2 = \text{diag}(\boldsymbol{\Sigma}_{q(h)})$ is the vector of variances and the diag operator extracts the diagonal vector from the input matrix. Moreover, we obtain:

$$\begin{aligned} \nabla_{\boldsymbol{\mu}_{q(h)}} S(\boldsymbol{\mu}_{q(h)}, \boldsymbol{\Sigma}_{q(h)}) &= -\frac{1}{2}[0, \boldsymbol{\iota}_n^\top]^\top + \frac{1}{2}[0, \boldsymbol{\mu}_{q(s)}^\top]^\top \odot e^{-\boldsymbol{\mu}_{q(h)} + \frac{1}{2}\boldsymbol{\sigma}_{q(h)}^2} \\ &\quad - \mu_{q(1/\eta^2)}\boldsymbol{\mu}_{q(\mathbf{Q})}(\boldsymbol{\mu}_{q(h)} - \mu_{q(c)}\boldsymbol{\iota}_{n+1}), \end{aligned} \quad (\text{A.26})$$

$$\nabla_{\boldsymbol{\mu}_{q(h)} \boldsymbol{\mu}_{q(h)}}^2 S(\boldsymbol{\mu}_{q(h)}, \boldsymbol{\Sigma}_{q(h)}) = -\frac{1}{2} \text{Diag} \left[[0, \boldsymbol{\mu}_{q(s)}^\top]^\top \odot e^{-\boldsymbol{\mu}_{q(h)} + \frac{1}{2}\boldsymbol{\sigma}_{q(h)}^2} \right] - \mu_{q(1/\eta^2)}\boldsymbol{\mu}_{q(\mathbf{Q})}, \quad (\text{A.27})$$

where $\boldsymbol{\iota}_n$ is an n -dimensional vector of ones, $\mu_{q(1/\eta^2)}$ is the variational mean of $1/\eta^2$, $\boldsymbol{\mu}_{q(\mathbf{Q})}$ is the element-wise variational mean of \mathbf{Q} , and \odot denotes the Hadamard product. Then, the updating scheme becomes:

$$\boldsymbol{\Sigma}_{q(h)}^{new} = \left[\nabla_{\boldsymbol{\mu}_{q(h)} \boldsymbol{\mu}_{q(h)}}^2 S(\boldsymbol{\mu}_{q(h)}^{old}, \boldsymbol{\Sigma}_{q(h)}^{old}) \right]^{-1}, \quad (\text{A.28})$$

$$\mathbf{f}_{q(h)}^{new} = \mathbf{f}_{q(h)}^{old} + \mathbf{W}^+ \boldsymbol{\Sigma}_{q(h)}^{new} \nabla_{\boldsymbol{\mu}_{q(h)}} S(\boldsymbol{\mu}_{q(h)}^{old}, \boldsymbol{\Sigma}_{q(h)}^{old}), \quad (\text{A.29})$$

$$\boldsymbol{\mu}_{q(h)}^{new} = \mathbf{W} \mathbf{f}_{q(h)}^{new}, \quad (\text{A.30})$$

with $\mathbf{W}^+ = (\mathbf{W}^\top \mathbf{W})^{-1} \mathbf{W}^\top$ the left Moore–Penrose pseudo-inverse of \mathbf{W} .

Remark 2. Under the multivariate gaussian approximation of $q(\mathbf{h})$ with mean vector $\boldsymbol{\mu}_{q(h)}$ and covariance matrix $\boldsymbol{\Sigma}_{q(h)}$, the optimal density of the vector of variances $\boldsymbol{\sigma}^2 = \exp\{\mathbf{h}\}$, namely $q(\boldsymbol{\sigma}^2)$, is a multivariate log-normal distribution such that:

$$\mathbb{E}_q[\sigma_t^2] = \exp\{\mu_{q(h_t)} + 1/2\sigma_{q(h_t)}^2\}, \quad (\text{A.31})$$

$$\text{Var}_q[\sigma_t^2] = \exp\{2\mu_{q(h_t)} + \sigma_{q(h_t)}^2\}(\exp\{\sigma_{q(h_t)}^2\} - 1), \quad (\text{A.32})$$

$$\text{Cov}_q[\sigma_t^2, \sigma_{t+1}^2] = \exp\{\mu_{q(h_t)} + \mu_{q(h_{t+1})} + 1/2(\sigma_{q(h_t)}^2 + \sigma_{q(h_{t+1})}^2)\}(\exp\{\text{Cov}_q[h_t, h_{t+1}]\} - 1). \quad (\text{A.33})$$

B Additional results